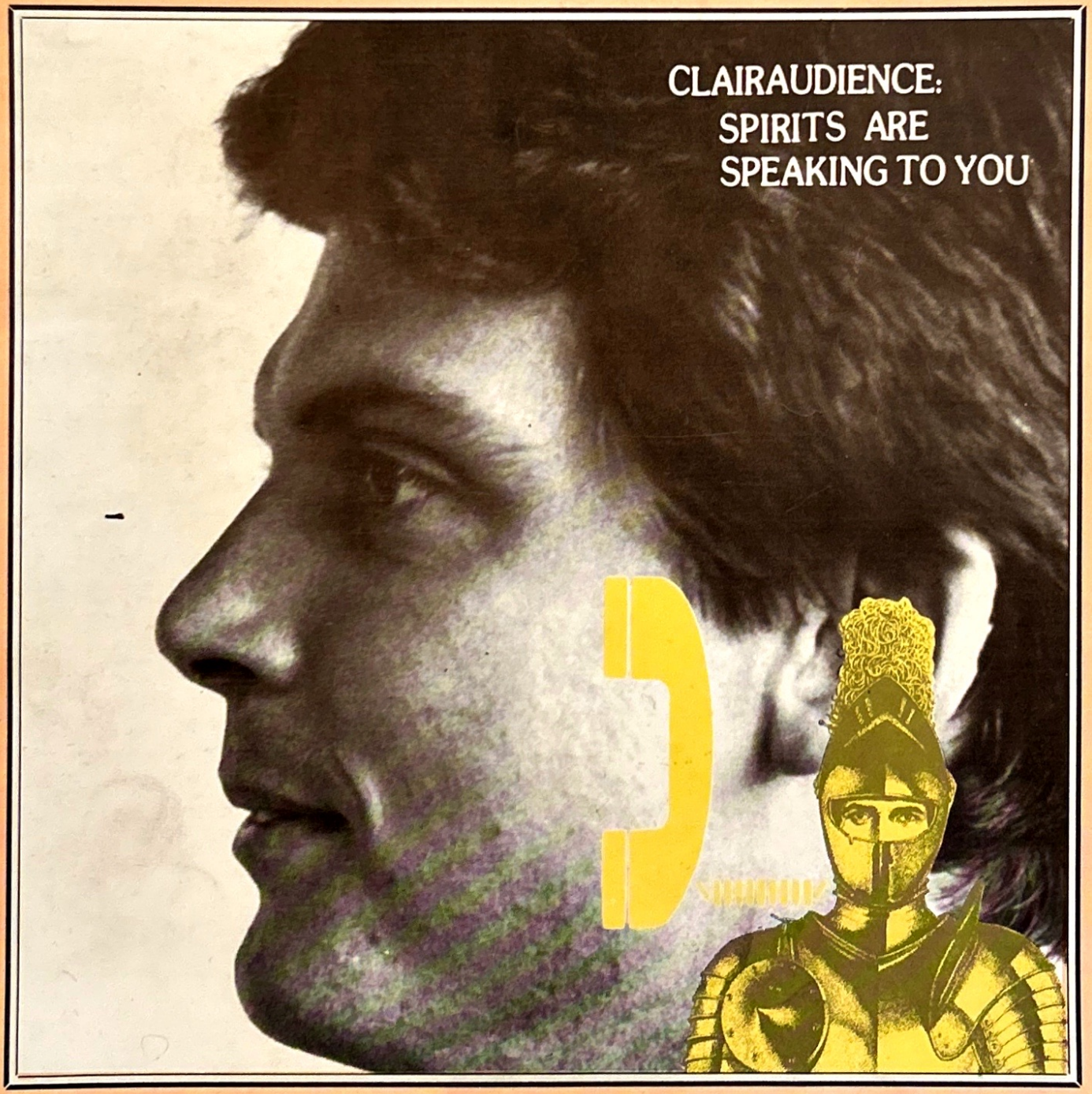
PSYCHIC LIFE

Vol. 6 No. 4 $1.50
July/August 1986

Telepathy
Talking Without Words

MENTAL TELEPATHY: WHOSE THOUGHTS ARE IN YOUR HEAD?

PSYCHIC OR PSYCHOTIC? VOICES TELL THEM TO KILL



A PSYCHIC TALKS TO THE HAWAIIAN GODDESS OF VOLCANOES

advertisement

What happens at the Berkeley Psychic Institute?

from the Graduation Address given by Rev. Melanie Flores on her graduation from the Women's Healing Program of the Church of Divine Man

Sometimes, to learn about myself, I use a very advanced psychic technique called post cognition; also known as 20/20 hindsight.

I spent four years resisting the program I just graduated from: The Women's Healing Program. These are just a few of the things I resisted learning:

-Why, as a spirit, I created a female body in this lifetime, and how to be in kindergarten and amusement about it.

-How to have fun in my body.

-How to release guilt from my space instead of being the effect of it - surprised the heck out of my mother.

-How not to be controlled by my "baby making machine."

-How to parent baby beings instead of being controlled by them, cute as they are.

-How to tell the difference between my emotions and someone else's.

-How to use my female creative energy to create something besides problems for myself.

-How to get out of value judgements about someone else's space.

-How to get out of value judgements about my own space and my mistakes.

-How to deal with competition.

-How to heal in and out of the body and be aware of doing it.

-How to heal my female body and nurture myself.

-How to pamper myself - that was a really tough one - I was forced to pamper myself for days at a time. Pure torture - don't try this yourself.

-How to communicate with spirits in male bodies and not have them run mumbling into the garage.

-How to teach other women to do all these things and more and admire them as they create miracles for themselves.

These are just a few of the things I gave myself during this past year. It has been a really tough year, as you can tell, but somebody has to do it.

The Berkeley Psychic Institute is the only place on the planet I have found where there is permission to learn about what female freedom really is, and where there is permission to have it.

I would like to thank the staff for giving of themselves, for teaching me, for laughing at my growth periods, and for being part of the creation of this miracle program. I'd like to especially thank the Very Rt. Rev. Dr. Lewis S. Bostwick and the Rt. Rev. Susan Bostwick for creating female kindergarten.

For More Information: Berkeley Psychic Institute, 2436 Haste St., Berkeley 94704 (415) 548-8020

This Is Your PSYCHIC LIFE

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Cover photography and design by Kim Wakabayashi

This Is Your PSYCHIC LIFE

The ONLY Magazine
BY Psychics FOR Psychics

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Editorial

by Susan Hull Bostwick

New The Communication Training: Intuition, ESP and Telepathy

A medical doctor sat in trance listening to the voice of his dead lover coming through a trance medium psychic. "This was the most fantastic psychic experience," he said." It answered so many questions I've had about her."

Computer programmers, editors, engineers, nurses, school teachers and many other professionals as well as blue collar workers and college students can be found in clairaudient classes throughout the SF Bay Area. Turning business people and professionals such as the medical doctor into telepaths may not be the purpose of clairaudient training, but it is changing the concept of "communication training." Spearheading this revolution of sorts is the Berkeley Psychic Institute where more than 400 are enrolled in classes that teach some aspect of how to use your telepathic channels in your home and work space.

Although the professional communication seminar promoters promise higher sales and productivity with lower staff turnover if you attend the Success Seminar or Communication For Managers Conference, few touch upon the mystical arenas of Intuition, ESP or Telepathy training for improving your bottom line.

One exception is I.D.E.A.S., a Santa Rosa based business consulting firm which blatantly teaches, "Intuition is a tool to supplement a pool of insufficient data... Everyone already has it," says the brochure. "Managers can't rely on data alone to make decisions. They have to cultivate something within themselves."

The school of psychological mumbo jumbo (in behavior mod classes we were taught to correct a child's behavior with soft strokes) is nearly dead in light of all the west coast's psychic offerings. Some of the advertisers in Psychic Life already offer extensive intuitive training: the Berkeley Psychic Institute, a 12 year old seminary for clairvoyant training, is the first, but not the only school around. Others include: The Institute for Psychic Development; COR and AP School; Rev. Laurie Schryver; Rev. Jim Thomas; Yin Yang Seminaries (for children); and the Women's Healing Centers also teach one how to find and use clairaudience.

This issue of Psychic Life is presenting clairaudience as everyman's ability which is to be recognized, fine tuned and put to work in our daily lives. See Beth Dunlavy's story about clairaudience on page 28 with Gail Halloran's sidebar on convicts who claimed a voice made them do it; Mary Bell reminds us that children are unique telepaths on page 32; Carol T. Cullinen reads the ESP energy of Christa McAuliffe, the teacher astronaut on page 34; Shelley Hodgen tells us about autistic teenagers who read her mind on page 24; and is it the angel of your own conscience, your own inner voice or someone else sending messages to "be a good boy" that you hear? John Fulton shows us how to tell the difference on page 26. Each of these writers is a practicing professional psychic and a telepath in his or her own right. We welcome your stories of your own true psychic experiences.

Cosmic Correspondence

Psychic Slumber

In your latest issue of Psychic Life Magazine I read the article on "Sleeping Disorders or Psychic Phenomena". This has interested me for some time as I have experienced various different patterns of sleep, some of which kept me wondering what it was really going on. It is interesting to read in what a psychic says about "sleeping disorders" opposed to the cold hard facts from the medical profession. I found this article to be very enlightening. As a psychic, the article gave me inspiration to once again look at this level of our existence. Astral travel is one of my favorite past-times.

In amusement
R.T. Santa Rosa

Uninformed Inquisitions

I enjoyed Michael Tamura's article on how healers are treated in court. His mentioning Edgar Cayce's experiences with the "inquisition" put the present time case of Tessy Elman in a clear perspective. Her embarrassment and subsequent sentencing is nothing new; she is typical of so many healers throughout history who have suffered the humiliation of having to answer to people who have no information about what they do, nor do they have any desire to find out. Their minds are closed from the start.

Your magazine serves a valuable purpose. Thank you. Keep up the good work.

John Dennis
Berkeley

(This issue offers part 2 of the trial of Tessy Elman. Thank you for your feedback ...editor)

Different but Equal

In the Male column in the latest issue of your magazine (Vol. 5, No 4) entitled, "Men Heal Each Other", your writer, Rev. Richard Lawrence, says that "Men have different answers than women to the same questions." This was a great revelation for me as I have been under the impression that men and women are equal. Amusingly, they are not equal, because of one simple thing, the body. Since our bodies are so different, we do not have to expect the same responses from each other. I guess it is O.K. to be equal!

P. George
Berkeley

(The male-female column, as written by a man and a woman, explores the different experiences men and women have due to their difference in amount of energy ...editor)

Banking Blues

In her article "Battling Corporate Space Invaders" (Vol 6, No. 3) Kathryn Barry put into words what I have been watching for years. Banks in particular have been difficult for me to enter, even though they hold one of my favorite things (money). The trance medium energy is particularly hard to take. I find myself feeling lightheaded and can't wait to get out. I have also noticed the fear level and downtrodden attitude of the workers. They might as well be automatic teller machines.

Poor but happy,
Napa, State of Confusion

(Psychic Life welcomes readers' comments, suggestions and psychic stories)

Rev. Jacquelyn Smith

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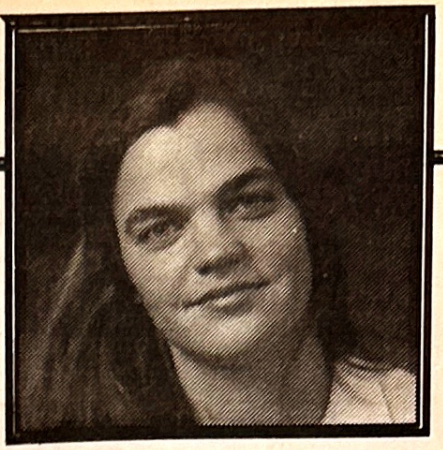
Dear Beth



"I Have Life-Like Dreams"

Dear Beth:
What is it that makes me sometimes enthusiastic and other times dying of boredom at work, when the quality of work does not seem to be the cause? Thanks.

MC

Hello MC:
Boredom and enthusiasm are two different energy levels. When you feel enthusiastic, you are in your body and ready and able to create! You feel certain of your abilities and your information.

I see that when you feel bored and nothing is fun, a lot of foreign energy is in and around your body and you feel "out of it". As a spirit, you leave your body.

I see this foreign energy is directed at your heart chakra area. You are aware already that you are a tremendous giver; your co-workers are aware of your abilities, too. If they are not feeling happy, they "tune in" to your enthusiasm and affinity for yourself which makes you feel ill at ease. Also, you are sensitive to the energy that people may leave on a task; this energy can act like a black cloud which dampens your enthusiasm.

Grounding - creating an energy connection from the base of your spine to the center of the planet - will help. Remember that you can ground anything: the piece of paper you are reading, your workplace, even the telephone.

Dear Beth:
I consistently have life-like dreams, both at night and during the day, of a place where hundreds of people meet. Sometimes we're standing in a crowd waiting for so-and-so to speak or we're all congregating in a huge rectangular building. I often find myself standing by a pool with water fountains and a tall, thin pyramidal statue. One of the guys said that it was a place where souls meet to learn.

Do you or someone know about this place and what have people experienced there?

Maybe all I want is validation of the experience. Also, one time my father somehow followed me. Has anyone else experienced this?

Stacy

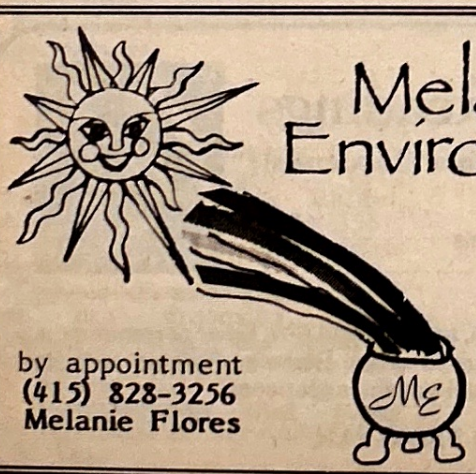
Hello Stacy:
Congratulations, not many people remember their astral experiences.

Many people who are seeking spiritual growth attend lectures on the astral plane as their bodies sleep or when they daydream. You remember the astral in great detail; sometimes people will forget these experiences.

The reason the pond with its statue is so vivid is because it is a healing place for you. Its energy is in affinity with your soul vibration; you've rejuvenated yourself there many lifetimes.

My own recollections of the astral are varied. I remember talking to spiritual teachers and giving and getting healings. I have also been to some great astral parties! Maybe I'll see you at the next one?

Note: The Dear Beth column accepts your personal questions about a psychic experience. Correspondence will be read clairvoyantly by Beth and answered in this space.



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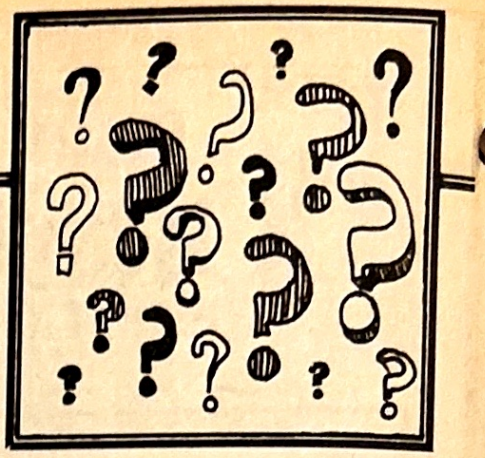
The Question Man



by Carol McCarthy

What Was Your First Psychic Experience?

I was probably four years old when I had recurring dreams in which I saw a giant coming down the alley and the earth would shake. I'd hide under the table. Every night for a month I dreamed this. It was a precognition of the air crash my brother would be in a month later. I never told anyone.

K. Muhs—Berkeley

When I was real little, I looked in the mirror and saw two people; it scared me tremendously. I was seven years old at the time. I'd go into the bathroom over and over again, look in the mirror and think "Oh, look what I can do." I was just having a great time leaving my body

H. Holleran—Marin

I was about sixteen. I stood talking with four of my friends at someone's birthday party. This girl was telling about how she enjoyed talking to big crowds and being a performer. I noticed purple energy coming out of her mouth and throat, which filled the room and touched all four of us standing there.

When I got home that night I realized that the girl had totally changed when she spoke and that I'd seen a being.

K. Keim—Concord

When I was three-and-one-half-years old and I saw beings at night in my room and I would try to tell my parents, but they didn't believe me. I also saw the air molecules moving and they didn't believe that either.

M. Bell—Marin

The first experience I remember was when I was in school; I was probably seven or eight years old. It was in assembly and the whole class would sit in line. One friend sat in front of me and the other behind me. All at once everything became loud and distant and suddenly I found myself in the corner of the hall. I could see everybody and I got scared and got back in my body. It was like a movie; I never did that again!

S. Pearce--Marin

My first psychic experience occurred when I was about 24 years old. I had learned how to use a pendulum for picking out good vegetables at the market. I made a Ouija board, used the pendulum, and a being came through and spelled out things through the pendulum. That's how I eventually decided to go to California, because this being told me to do so.

B. Keck—Berkeley

The one experience that stands out most for me was when I was three years old playing outside. My mother was mad at my father. She called me in for no reason, so I hid in the bushes. I knew my mother was trying to destroy my play space. When my father came home he spanked me for not obeying my mother. I was angry for having to be the effect of their game.

L. Eichenberger--Marin

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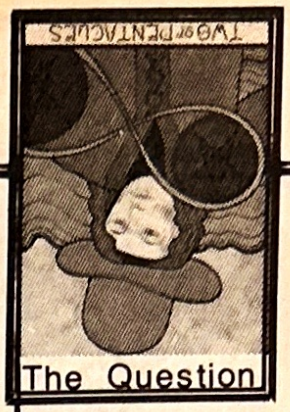


The Question

by David Ponedel

Communication is Lost To Other People's Problems

"What is blocking me from achieving my full potential in my communication space?"

The question is represented by the **Two of Pentacles,** reversed. This is where other people affect your rate of change. The degree to which you accept their wishes for you determines how quickly and how much neutrality you can change your life. Your ability to communicate as effectively as you would like to is an area where you are controlled in this way.

★★★

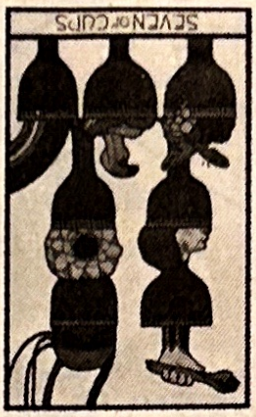
The Obstacle

The Obstacle is the **Three of Pentacles.** This card represents your work space. You are under commission to those who want your services. Their expectations for their survival are what they put in your space to make sure that you see to it that they come out a winner. This affects your communication because you have to please them and give to them in order for you to make money.

★★★

The Goal: **Two of Cups.** This is where you want to give and get communication as a healing to you. It is your desire that someone can have your communication.

★★★

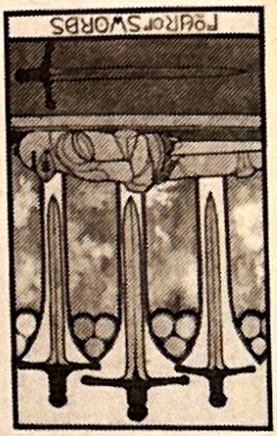


Environment

The Environment is shown as the **Seven of Cups,** reversed. This reflects other people's treasures which they tell you must be yours as well. As you believe this, it limits what you can have; you might have to have some of these before you can get to have what you are really looking for. This is where you lose your communication space to other people's problems. You lose your separation from their energy. You lose your neutrality.

★★★

The Outcome is shown as the **Four of Swords,** reversed. This is where you rest from strife. It is where you get out of other people's effort. You will find the time to get your amusement and neutrality; you will also be able to clearly communicate with the God of your heart. You will find your seniority and spiritual path, and the space to walk it.



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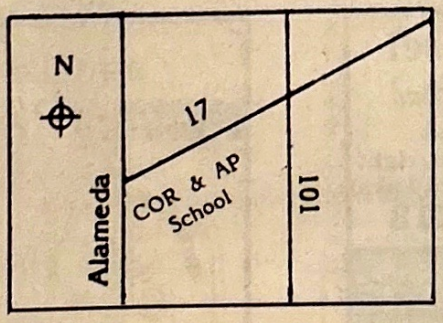

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When Others Pray for You

Power Game of Prayers

Recently someone came up to me and asked me "How do you keep people from praying for you, and what do you do when they do?" This is a really great question. This person was already aware that prayer has some sort of power. In this instance, it has the power to create a mental image picture of the person being prayed for and fill it with energy.

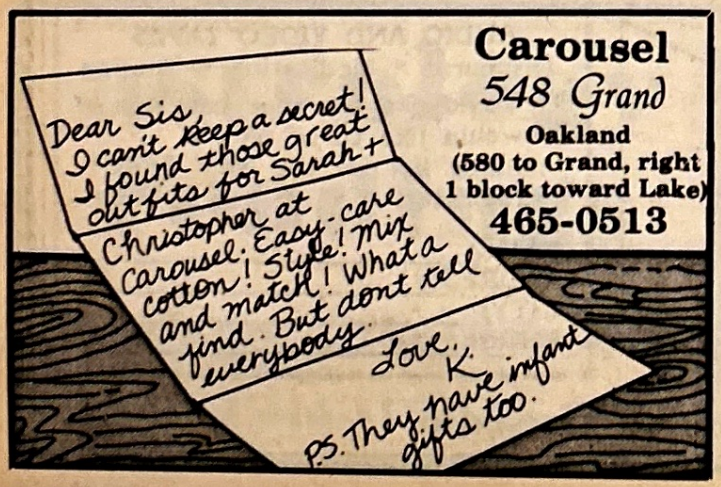
When someone creates a mental image picture of you, portraying you as needing help in some way, basically because you haven't measured up to that person's standards, it's not going to make you a happier, more creative person. It is someone's imperfect concept of you, thrown in with their decisions of whether you are doing well, not so hot, or not hot at all, and a wish that you get help from the big boss upstairs, rolled into one and thrown into your energy space while you are unaware. Doesn't look too appetizing, does it? This, unfortunately, is what some prayers look like on an energy level.

Prayers are what psychics call mock-ups. "...all things, whatsoever ye shall ask in prayer, believing, ye shall receive." (Matthew 21:22) This is a translation of what was believed to be Jesus' own statement. You get what you ask for, if you believe it is true.

Whatever you decide about yourself, is true. You are the one who literally creates your own reality. If you are worried that others' prayers are going to change your life and affect your ability to have what you want, then they will.

Sometimes it's not that easy. Sometimes you find that there is a group of people praying for you, or one extremely strong person, even someone close to you, who you have already given a lot of power to. Family members usually fall into this category. Whether you are on good terms with yours or not, you still give them a lot of power to affect your reality. For example, if you are learning how to move your parents out of your space, so that you can find your own way of living, you still take the thought of your parents very seriously. Whether you are still in good communication with them or are working hard not to communicate, look at all the time you spend on them. There is a great axiom among psychics which says: "Whatever you take seriously is senior to you." What senior means is that for that moment, something is more important to you than you are to yourself. So when you take your parents very seriously, they become more important to you than you are to yourself which, if you are trying to get them out of your space, is exactly the wrong way to go about it! If you are taking your parents seriously that day, their prayers become more important to you than you are to yourself, for that moment!

This sounds a bit scary, and indeed if you are in the middle of it, sometimes there seems to be no way out. How can you not take something seriously that is more important to you than you are to yourself? Well, the best way to get out of this particular creative mess is to stop, and instead of worrying, put your attention where you would like to be. On an energy level this is how to take your next step. This is where your own prayers come in. If you aren't praying for yourself, and creating those



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mock-ups with the God of your own heart, then other people's prayers will take precedence.

What have you created in prayer with the God of your heart recently? In **Your Infinite Power to be Rich**, a good book on mock-ups, Joseph Murphy relates a conversation with an abbot of one of the famous Greek monasteries who felt that the most powerful biblical statement is, "He that is within you is greater than he that is in the world." He added, "The realization that in the depths of my being there dwells God in his wisdom and power gives me confidence and assurance. When I ask for light or understanding on how to solve my problem, a new insight or idea wells up within me, and I see through the problem as the light of God dispels the darkness in my mind. Reality is not just what we see objectively in this world, but also what we think, feel, imagine, and believe." This abbot has discovered the secret of life and the source of life's riches.

"The more wishes you make the more beautiful your world will become."

How do you keep people from praying for you? Well, quite simply, you don't. You let them pray for you as much as they want to. Whether they pray for you or not, is not your problem. You have your own prayers to attend to. If your creative energy is going into stopping someone else, that is what you will get for all your hard work, just more things to battle. Put your creative energy to better use. Find that kingdom of heaven within yourself and say hello to it. I used to think that the kingdom of heaven was within me all prepackaged and ready to step into, but it's more a place where the things I ask for come true. It's like what the little empress in **The Never Ending Story** said when she handed what was left of her entire kingdom, one grain of sand, over to Sebastian (a young boy), "Here take this, make a wish." And Sebastian asked if he had just one wish, and the little empress laughed and said "Oh no! The more wishes you make the more beautiful your world will become. Make as many as you can!"

The kingdom of heaven within you is like a tiny grain of sand, sometimes very easy to miss. But when you find it, make a wish and you will get it. The more wishes you make, the more prayers you have for yourself, the more beautiful your kingdom of heaven will become. As it says in Luke 12:32 "It is your Father's pleasure to give you the kingdom." ☆

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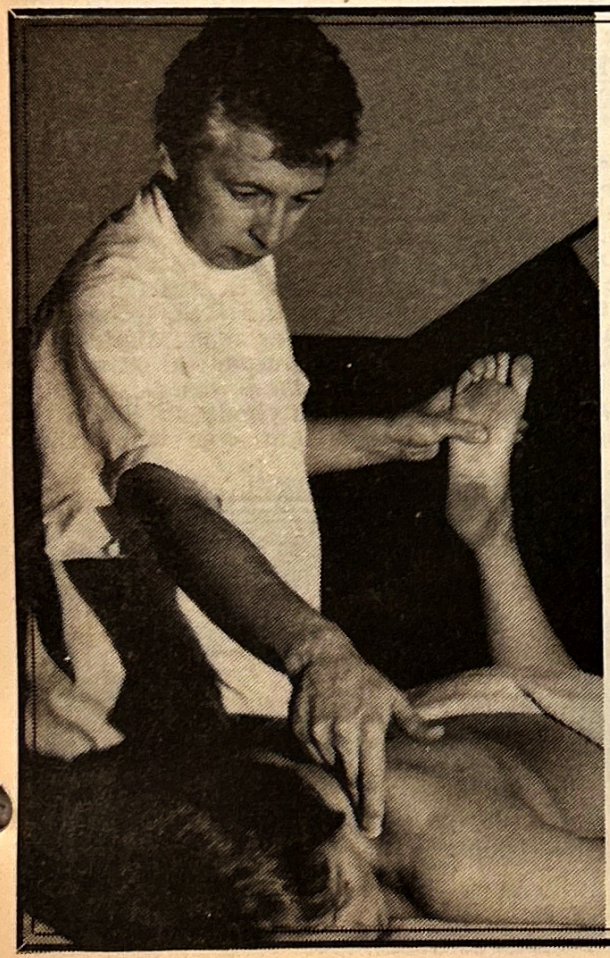

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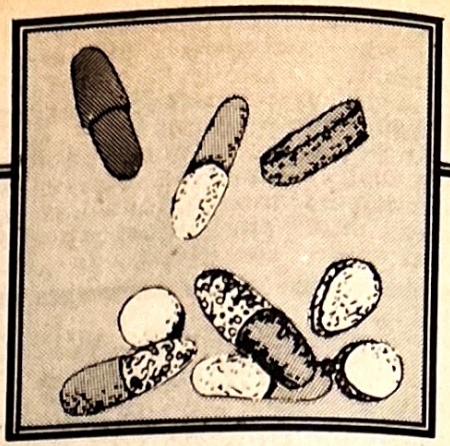


by Michael J. Tamura

Healer Convicted by Jury Selection Process

The only way I saw Tessy getting a verdict of not guilty was if her attorney was able to educate the jurors about what a healer is, about what the medical practice act really says about the regulation of medicine and the exemption from that regulation of spiritual healing, about the constitution and the freedom of religion, speech, and assembly, and about our right to have our life, liberty, and pursuit of happiness and what that means to a spiritual healer. Now that's a tall order!

Tessy Elman, a spiritual healer and certified Rolfer, was set up by the BMQA (Board of Medical Quality Insurance) using an undercover agent who came to Tessy for treatment of lower back and shoulder pain at the Nutritional Balancing Center in Palo Alto, California. Tessy was arrested and booked on two counts of violating the Business and Professions Code, Section 2052: "Practicing Medicine Without A License".

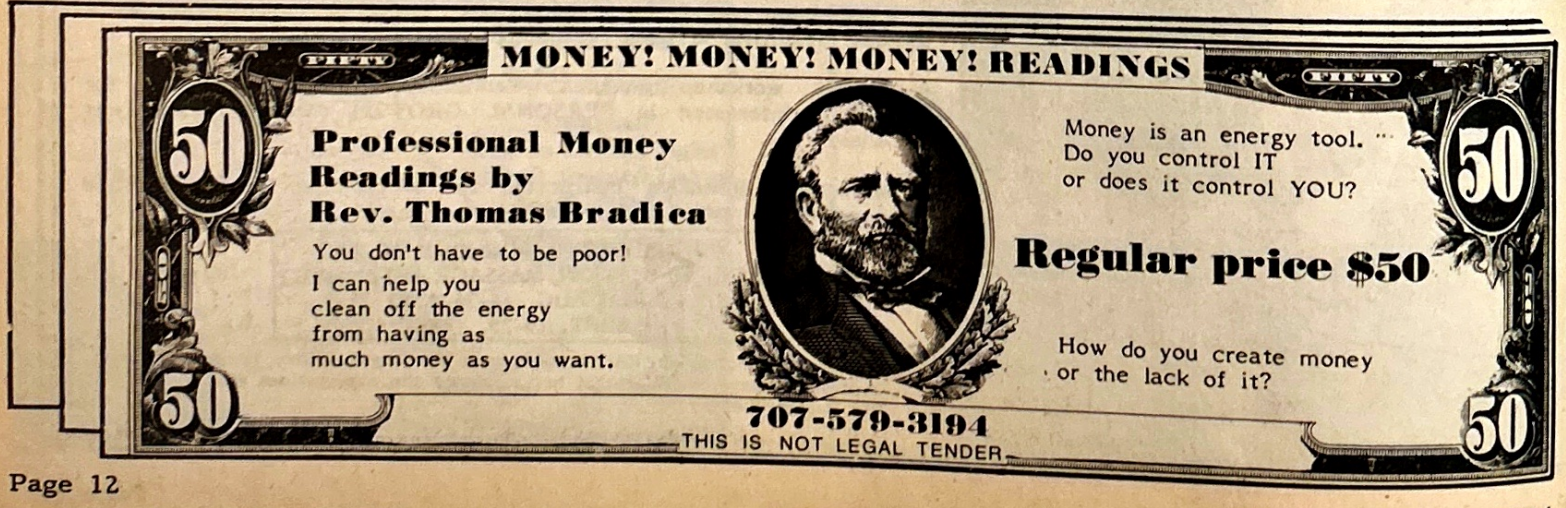
Section 2052 of the California Business and Professions Code: "Any person who practices or attempts to practice, or who advertises or holds himself or herself out as practicing, any system or mode of treating the sick or afflicted in this state, or who diagnoses, treats, operates for, or prescribes for any ailment, blemish, deformity, disease, disfigurement, disorder, injury, or other physical or mental condition of any person, without having at the time of so doing a valid, unrevoked, or unsuspended certificate as provided in this chapter, or without being authorized to perform such act pursuant to a certificate obtained in accordance with some other provision of law, is guilty of a misdemeanor.

By no means is Tessy Elman the only Californian healer who has been burned by the medical heresy trials. The BMQA has been investigating hundreds of healers every year. Most of those who get arrested, most of us never hear about.

The courtdate was selected on November 21, 1985 at the San Jose Municipal Court in the trial of The People of the State of California versus Tessy Elman, case # 43470.

The People of the State of California as represented by the district attorney's office of Santa Clara had the burden of proof beyond a reasonable doubt in each of the two charges against Tessy Elman. I was quite certain that the trial was over once the jury was selected.

During the entire day of jury selection, no information was given as to the specifics of the case other than that the defendant was charged with two counts of practicing medicine without a license. As the selection process progressed, the selected jurors became more and more preprogrammed to the phrase "practicing medicine without a license," which was not backed up by the actual, full wording of the law. Nor was the concept of what did not constitute practicing medicine explained. The energy of guilt of practicing medicine without a license in conjunction with the jurors not having any other information about the case made the jurors fill in the missing spaces themselves about what the charges might mean. One juror who was dismissed said that she could not be impartial towards anyone who illegally dispensed drugs. Who said anything about anybody illegally dispensing drugs? To her, that was what this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case was about.

There was no questioning of the jurors' views about spiritual healers or their understanding of what healing was or the fact that healing is part of a healer's religious beliefs and practice. I believe most of the trial was lost in the jury selection.

Not one person left in the jury after the final selection even had a vague idea of what a healer was other than a medical professional. Anyone who even mentioned that they read a few books about "other types of healing" were dismissed from the jury. Among the final jurors were three in the field of academic, atheist education, two in the medical profession, a cosmetologist, corporate vice president in charge of finance, retired IBM product planner, and some in sales. Four of the jurors were currently under medical treatment (and happy with it, even in the absence of positive results) and five out of the twelve had family and/or close relatives

Who said anything about anybody illegally dispensing drugs?

in medicine. When asked if they would seek healing other than through a doctor or other medical professional, not one of them said yes. Two of them said that if someone else chose to seek alternatives to traditional medicine they would not object even though they themselves would not go. One of the most neutral potential jurors was dismissed on the spot when she offered the information, with the intent to show her neutrality and qualification in being a juror, that she had been to psychic healers twice and that she believed in doctors as well as psychic healers.

Whatever happened to the right to be tried by a jury of your peers? How can anyone other than a healer or someone who at least understands what spiritual healing is be considered a peer to a healer?

The BMQA and the state blast in carrying the proverbial big stick and throw the energy of punishment, guilt, and the exact opposite of the law: "We know you are guilty unless you could prove it to us that you're not." From the very beginning, the healer is treated

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In fact, spiritual healing and religion cannot be tried in a secular court of law.

"Under pressure from the BMQA, Spiritual Healers who practice massage, Rolfing and other forms of body work may be charged with practicing medicine without a license."

as a criminal. How many of the sensitive healers become this energy they are thrown and make agreements not to do their healing work in exchange for not being punished any further? How many of them quit doing most of their healing work even before being arrested because they become the effect of the investigation energy of invalidation and punishment thrown at them. "We know you're doing something bad and wrong and we're going to get you and rake you over the coals."

The case for the prosecution was quite simple. All they had to do was to take words and actions totally out of context to prove that Tessy diagnosed, prescribed and treated Cindy Bass, the undercover operator for the BMQA, who wanted Tessy to get on with the "treatment" rather than explain everything she was doing to her. Using her spiritual abilities of clairvoyance (seeing), clairaudience (hearing), and intuitive knowingness (faith) in determining the spiritual condition of psychic energy running in the body was contorted into "diagnosis". Her spiritual communication about what nutrients, minerals, and vitamins are recommended for certain psychic energy weaknesses was made into "prescribing". And her prayer and spiritual healing was turned into "treating" the physical condition of a person. The prosecutor instructed the jury that "energy blocks" are physical entities.

The burden of proof for the prosecution was so easy because of the lack of awareness of the jurors about healing as well as the fact that Tessy's attorney did not introduce her as a spiritual healer in any way. He did not explain that what she did was to heal the spirit, not physical or mental conditions. He also did not explain that the Chinese method of healing using accupuncture meridians is healing the spiritual energies in the body, not the physical conditions. Her attorney refused to discuss spirit because he did not believe in spirit or spiritual healing. In fact, spiritual healing and religion cannot be tried in a secular court of law, with the correct communication from the attorney, there really should not have been a case to try.

After the trial and the verdict was read, a couple of the jurors told Tessy that their deciding on the guilty verdict was not personal and found nothing really wrong with Tessy, but it was to prevent people from doing things without being checked out by the medical authorities and getting the right licenses. California loses yet another capable healer.

The law that provides that we can exist in this state as healers, Section 2063, was not even mentioned in Tessy Elman's trial. "Nothing in this chapter shall be construed so as to discriminate against any particular school of medicine or surgery, school or college of podiatric medicine, or any other treatment, nor shall it regulate, prohibit, or apply to any kind of treatment by prayer, nor interfere in any way with the practice of religion."

With the verdict of guilty came two misdemeanor charges and a fine of $150 and court costs of about $250. If the fine was considerable it would have maybe forced Tessy to appeal the verdict to a higher court. This way: "We'll be nice to you this time, but don't do it again."

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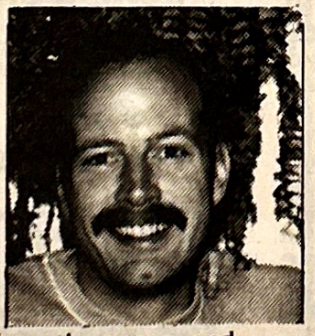

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California Zodiac

ARIES, THE SHEEP (MAR 21-APR 19): Family life is your focus during these first months of summer. Communication with rleatives will increase dramatically. You will resolve old questions and confusions. Once the misunderstandings have been cleared up, you will decide to make major moves in your residence. Your psychic abilities give you a mysterious control over others. Frustration with religious systems and old moral values continue. Instead of blaming the gods for not responding to your prayers, realize that they are handing their powers over to you.

TAURUS, THE OX (APR 20-MAY 20): Your summer begins with several major financial decisions. It is appropriate during these times to make decisions from a self-concerned point of view. You will soon realize that taking care of yourself is the best way to help others in your life. After Independence Day, work will subside and you can turn your talents toward research and writing. There are important new metaphysical mysteries which you will discover this summer and you must share the good news with your neighbors.

GEMINI, THE WOLF (MAY 21-JUN 20): It's Birthday Time again and your aura is radiant with love and self-confidence. With your light-hearted, whimsical humor your will appear as a liberator to those who are depressed. Later on in July, be prepared for a heavy work schedule. You have made a lasting impression on authority figures; they seem most willing to dump all the responsibilities in your lap. Your lover keeps asking for more personal attention. Don't let your marriage become a frustration. You can have the best of both worlds.

CANCER, THE CRAB (JUN 21-JUL 22): Your summertime starts with a series of problems which may appear too big to solve. You must approach these dilemmas with a strong sense of self-control. Your worries about the state of the world are generated in your own imagination. By the end of this summer your worst enemies will have become your best friends. Several opportunities for international travel appear in your stars. There are still some lingering questions about your health. Treat yourself to good food, plenty of exercise, and extra sleep.

LEO, THE SNAKE (JUL 23-AUG 22): Summertime usually sets you off on wild new fantasies. You have completed your plans from last season even though it took a little longer than expected. Your success has pushed you into a social scene which thrives on ambition and competition. You appear ready for the challenge. Continuing financial increase is yours this summer. The people you work for are interested in supporting you in your career. There is still plenty of growing up to do in the area of romance. Stop concentrating on winning; enjoy the adventure.

VIRGO, THE PIG (AUG 23-SEP 22): This summer will bring you enough glitz and glamor to last for several years. Some of the biggest business people in the community will show up asking questions about the secrets of your success. Rather than revealing your own formula, teach them to create their own. Your power depends on the integrity of your family relationships. You may be spending most of your weekends fairly far away from home. You and your housemates have discovered a new wilderness hobby: sports.

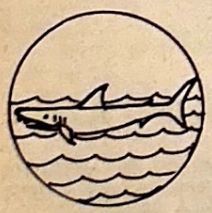
LIBRA, THE LEOPARD (SEP 23-OCT 22): After all these years of putting your heart and soul into those long-term dreams, you finally begin to see results. Friends and family will gather around you to share some of the excitement. It takes a wise person to know when the job is done. As a special gift to yourself, you could plan to travel through the Fourth of July. Later on career responsibilities will demand more time. This may be one of the healthiest periods of your life. The only area of frustration shows up in your willingness to listen to others.

SCORPIO, THE SCORPION (OCT 23-NOV 21): Love is your keyword this summer. You've been waiting for the chance to express your compassion, your support, and your commitment. And you will be surprised by the quality of the one who becomes the object of all your love. You will share deep secrets with your lover. In other words, this relationship is a symbol of a turn in your pathway of life. If you want children, this summer is a great time to create some of your own. The financial dimension of your life continues to undergo severe restructing.

SAGITTARIUS,THE HORSE (NOV 22-DEC 21): After months, possibly years, you've started to feel that longing for a close companion. Up to now, you've been plenty satisfied with your own freedom. Realize that you will never find anyone who meets up to your rigid standards. So destroy your long list of requirements. When you start to feel love in the air, be especially cautious not to dampen these new feelings with expectations and high ideals. You're likely to fall madly in love with someone whose lifestyle you can't accept at first.

CAPRICORN,THE WHALE (DEC 22-JAN 19): Work seems to impinge on the first few weeks of your summer. but once the job is done there will be plenty of time for fun and games. Seek opportunities to learn more about the history and practice of your art. Classes and workshops in your field will enhance your productivity and the quality of your work. If possible, consider teaching others what you have learned from all your experiences. Problems will only occur when you surrender your power in order to be dependent on an authority figure.

AQUARIUS,THE EAGLE (JAN 20-FEB 18): Early summer appears to be more enjoyable, especially when late summer is full of hard work and complicated relationships. Get plenty of that summertime adventure out of your system early. Once the work begins it will be hard to stop it through the end of the year. There's a great advantage in asking your companion for a personal commitment. Major financial opportunities await you. You'll probably finish the summer with a bulging bank account which will be very helpful in making career changes at the end of the year.



PISCES, THE SHARK (FEB 19-MAR 20): Summer is the time you spend hanging out around the house. Get busy making those changes which will make your home more comfortable. Pets play an important role in the management of your home this year. Your self-image continues to expand with confidence and independence. These times of privacy are extremely healthy for you. In fact, you may enjoy the freedom so much that you'll avoid relationships for another year or two. however, be careful of escaping into your solitude.☆

(The California Zodiac is Robert Cole's contribution to the renaissance astrology in preparation of the 21st century...editor)

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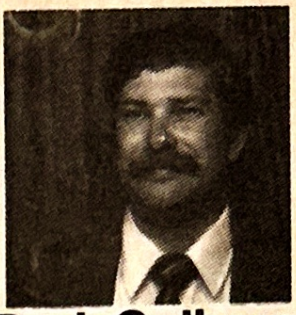

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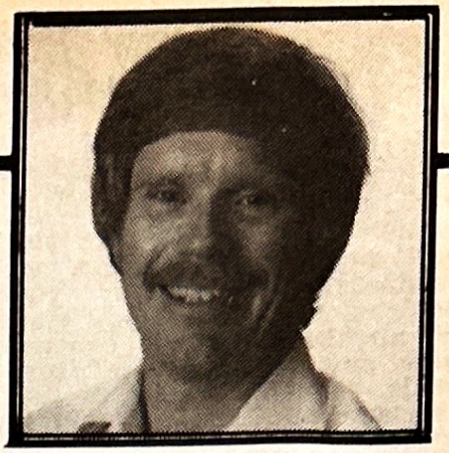

by Rev. Dr. Steve Drlica

Past Life Karma Causes Animal Allergies

(Rev. Dr. Steve Dirlica combines his psychic and veterinarian information when examining animals or when he looks at your question. His column deals with energy and its effects on animals and their owners. He welcomes your correspondence ...editor)

Dear Rev. Dr. Steve:
When I was living with a boyfriend he brought home a stray kitten. He named her, trained her and played with her more than I did. One day about a year later he decided to get rid of her, so he took her to the pound. Why, years later, am I still guilty about abandoning her? -- Lizett

Dear Lizett:
You are one of those great planetary healers. You take care of all the lost kittens, puppies, men... You bring all those who need a kind word into your space. Cats have a great ability to program people and have owners and friends take care of them. The guilt you still have is the cat's energy in your space. It says, "Heal me," "Feed me," "Make sure I'm taken care of." You might say "hello" to these feelings so that the cat's spiritual energy can go back to her. As you say "hello" notice a lifting of those feelings from your space. -- Georgia

Dear Rev. Dr. Steve:
My father is allergic to cats, but my step-mother keeps on bringing home strays. Now they have five cats and my father's allergies are really bad. What kind of games are going on here?

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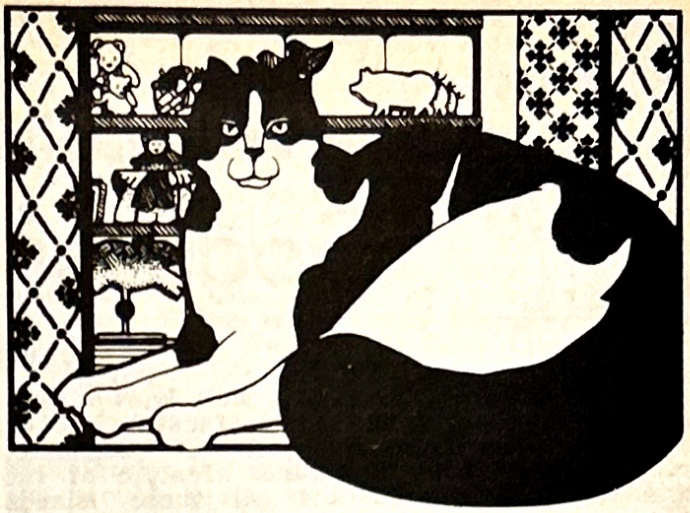
Dear Georgia:

I see several things happening here. Your step-mother has a soft spot for the cats (in her heart chakra). Once one cat programs her for taking it home, it opens the door for the next cat. When the cat programs your stepmother, she doesn't even think about your father's allergies, she just thinks how she is giving a "deserving" cat a new home.

Your father's allergies are a resistance to foreign energy manifesting itself on a physical level. Some of this energy has been accumulated from several of your father's past lives. One lifetime he was mauled by a grizzly bear. Another time he was killed by a mountain lion. Another one he was trampled by a horse. All these past lives have had an accumulative effect (karma) and the cats' energies are activating this karma this lifetime.



Dear Rev. Dr. Steve:

I have a goat that has a rough hair coat over the back half of her back. The goat did not breed this year. I wormed her several weeks ago and she is gaining weight (she was thin before the worming). She just doesn't seem to be doing well. -- Concerned

Dear Concerned:

There is alien energy over your goat's pen which effects the healing process of the goat. Also there is a whack (energy that is thrown) from another goat. During my healing the alien energy was removed from her intestinal tract and she would space out and leave her body. She was put into communication with the Supreme Being to get a healing. I saw black and green colors around the intestinal tract. It was removed and replaced with her own energy. There remained some more alien energy around the reproductive system and energy of an undeveloped fetus. This energy was removed as well. The goat began to bring in her life force and healing energy.

FOLLOW-UP: Two days later the goat decided that she was ready for her next step to leave her body (die). She was bloating. I suggested that they call their private practitioner. I then looked at the goat's energy, it looked good. When the owner took her attention off her favorite goat, she allowed the goat to take her next step. The goat died about five minutes later. Two days later another goat on the ranch had quadruplets - all needing spirits to run the new bodies! ☆

LEA UHLMAN

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Lea Uhlman is a psychic, does Life Readings, Tarot Readings, Psychometry, Therapeutic Touch with Energy Exchange, and Aspect Work. She is also a lecturer and an instructor in the psychic, teaching classes on Psychic and Spiritual Development that are ongoing in the Vallejo area on Monday nights.

In addition, her other areas of expertise include counseling, stress reduction with relaxation techniques and business projection. Lea is an R.N., has a B.S., Masters in Health Services, and is a Family Nurse Practitioner. She has an Associate of Juris Sacrae (Ministerial Degree) from Great Western University.

The headline statement was made about Lea Uhlman because of the type of work that she does with Aspect Therapy. Other statements include:

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Conversations with Pele Goddess of Power

by Lisa French

The islands of Hawaii are well known as a lush tropical paradise and a vacation haven for those wanting a taste of sunshine, saltwater, and the slow warm lifestyle of the islanders. But that's not all these islands offer.

Many people in Hawaii are very aware of the existence of spirit and they acknowledge the strong spirits of the land. One of these beings who is given much power is Pele, volcano goddess and mistress of the soil.

Today, the big island of Hawaii is the only island with active volcanoes, and they are extremely active. Most people, when discussing a fiery volcanic display, don't say "Did you see the volcano go off last night?" Instead they say "She went off last night, did you see her?" The "she" they refer to is Pele.

I have always been intrigued by Pele and curious about the amount of power she owns. When I joined the Berkeley Psychic Institute, Church of Divine Man, I learned to use my clairvoyant (clear seeing) and clairaudient (clear hearing) abilities. As I began to reclaim my information about their use, I found out that in my own space I am senior to all other spirits; I can communicate to spirits both with and without bodies. Maybe I could talk to the volcano goddess!

In the summer of 1985 I was on the big island of Hawaii and I decided to visit Pele. When I got to Kiluea, high on the southern slopes of the island, I looked clairvoyantly to see which crater was her home and I visited it to say hello. She had recently spent a full night in explosive eruption and I noticed she was now deep in the crater rekindling her fires. I got a little jittery at the thought of talking to a volcano goddess, but also I got excited. I grounded my body to the center of the planet and sent Pele a spirit-to-spirit hello. Immediately I felt her attention. She was suspicious of me. I clairaudiently heard the response: "Who dares to own her space and without fear speak to me as I slumber?"

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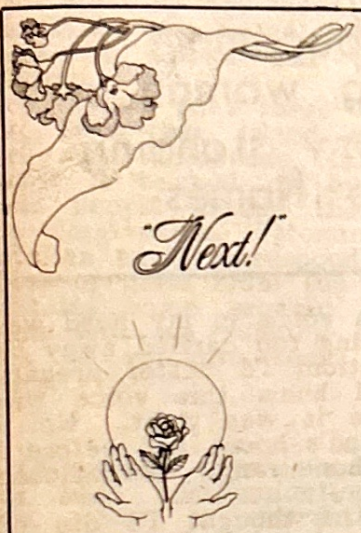
Oh oh. I held my grounding and my amusement. As she examined my motives she was surprised to find that I was not in competition with her; I just wanted to say hello. Because I was in psychic kindergarten, it was safe. She relaxed and began to communicate with me in a rich clear flow of warm energy and images. She had a swirling tide of female power, was entirely without ethics and filled with impulse and energy. I could see how her energy worked in cycles. She would prepare herself in her home, rush out in creative frenzy until exhausted, then collapse in stillness to once again gather her energy. As spirit, Pele was like a creative female; she always has several projects going at once. She continually rearranges the island, destroying parts of it and from that destruction, creating anew. From a wasteland of volcanic rock an exotic jungle grows and the earth becomes fragrant and lush.

In the winter of 1985 I returned to Hawaii and found myself once again on my way to visit Pele. When I arrived at Halemaimau, the crater in which she makes her home, I was surprised to feel a warm rush of healing energy coming towards me. It was Pele's recognition of me and her joy in my hello to her. Wow! Then a voice in my head said "This is ridiculous, you can't communicate with an imaginary volcano goddess and even think she would remember you! You had better admit to yourself that you are making this up!" I decided I'd better be amused and if I was pretending to talk to Pele, I'd keep doing it because I was enjoying it. I disregarded this voice of atheism but I wondered if perhaps I was living in a fairy tale....hmmm. Well, I like fairy tales.

I looked clairvoyantly into the crater and saw Pele in the center of it. She was filled with a glowing flame of power and stood several hundred feet tall! She vibrated completely in enthusiasm and told me that she would erupt within the next two days. She said she'd let me know when, so I could watch. The energy was amazing. It was hard to believe I wasn't imagining this.

Two days later I was staying with a friend near Kalapana on the north coast of the



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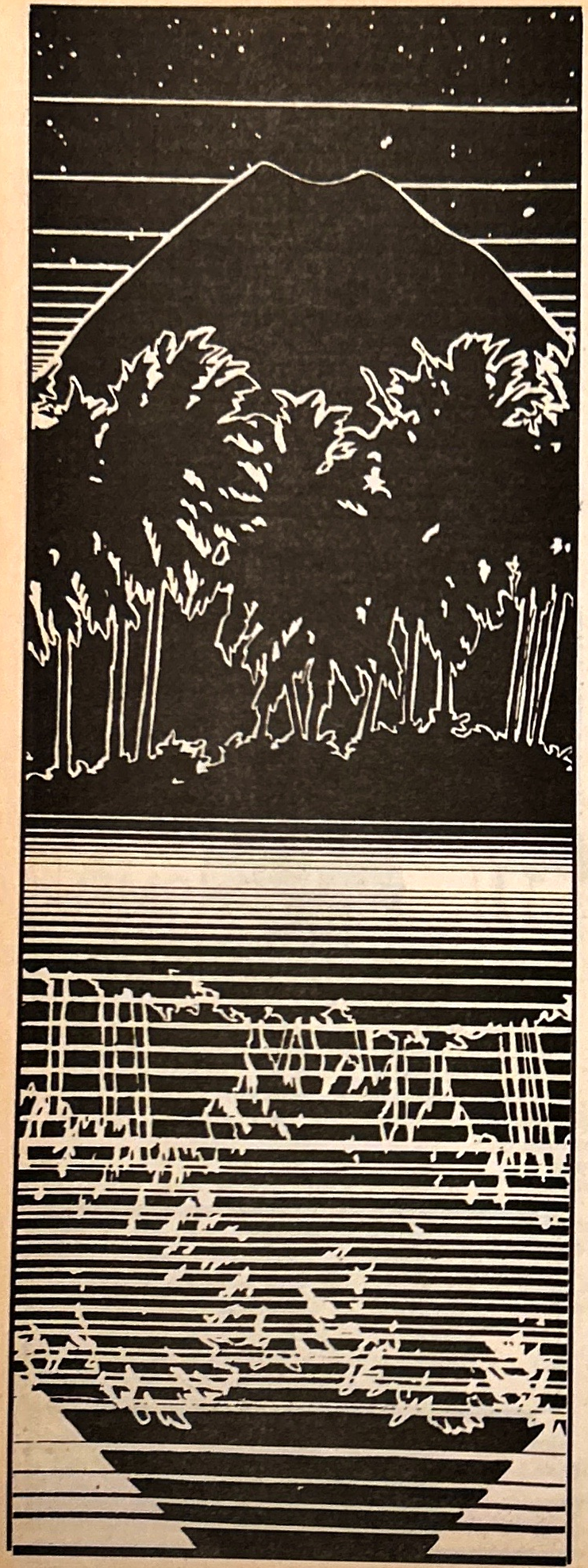

island. It was twilight and I was running through the Puna Forest reserve (very close to Pele's active arenas) admiring wild orchids and the evening birds. The moon was almost full and I was very aware of some incredible power and activity in the land - energy was building and in allowing my body to match this I felt like I could run forever!

Quite suddenly there was a flash of movement to my right. A woman was standing there in a body that appeared to be of living flesh. I noticed her hair right away; it was lengthy golden red and appeared to be quite alive. She was tall and wearing a long flowing green dress. The woman was beaming enthusiasm at me; I stopped (mouth hanging open probably) awed by her sudden presence. I knew she was Pele. I heard her say to me "Tonight, tonight I am going to dance!" and with a smile her body vanished. As I looked clairvoyantly I saw her go sailing up towards her craters, singing across the jungle: "Tonight, tonight I will roar!!"

I was astounded and exhilarated by this communication. But a voice in my head was saying that I was getting too carried away by my persistent imagination; I'd better prepare for disappointment. I knew this voice was not me - but perhaps it was right. No! I came back to my friend's house and before I was in the door, the phone rang - the volcano had begun to erupt!

"She became a young woman in her glory standing within the flames."

I was so validated I thought I'd die of excitement as we made preparations and drove to a good vantage point. We found one on a high beach dune - with the ocean at our backs and the moon above, we watched.

At first one could only see a large crater with a lump of red lava pouring out of it. This lump began to grow and take form. I suddenly noticed that the shape the lava took appeared to be that of an old, old woman leaning over. An ancient woman, hunched over in her cloak with a burden on her back. Then very slowly she began to uncurl until she was semi-standing and leaning on a staff. Then she tore off her cloak and the burden with an amazing effortlessness. Gravity took the huge hunks of red fiery lava to the earth below. She became a young woman in her glory standing within the flames. She turned about, looking as though surveying her domain and her audience. Pele raised her arm to the sky, gazing upwards, and then she began to dance, her fiery hair cascading about her. New parts of her continually rose from the crater as she sent the old spewing out to roll across the land, changing it entirely. She was renewing herself as she danced, and she changed everything she touched.

For days afterwards you could find Pele's gleaming hair of golden glass hanging on boughs and coating the ground, and people would ask "Did you see her dance?"

Curses of the Volcano

There are many stories about how Pele came to be on these islands. Many say she came from the Society Islands, with the Polynesians of Bora Bora, her people. First she came to the islands without names, then Kauai, Oahu and onwards until she came to the big island, Hawaii. On each of these islands Pele dug for volcanic fire but the flames would die and she'd move on. When at length she arrived at the Big Isle, she could smell the newness of the place. She went right up the mountain and when she dug for flame, she found it. Thus Pele made her home in Kiluea and became lady of the volcano.

It is said that those who take the volcanic soil from her island are cursed with bad luck. At Volcanoes National Park this folk belief is backed up by hundreds of letters from people around the world begging Pele for forgiveness. Monumental bad luck has befallen each correspondent after taking soil, rocks or glass from the volcano. Each letter contains some organic contraband; one man even sent his running shoes that had small bits of volcanic rock stuck in the ridged soles. ☆

(A capable psychic and healer, Lisa French has been communicating to spirits all her life. She is currently enrolled in the Clairvoyant Training program at the Berkeley Psychic Institute...editor)

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You Do It Yourself

by Shelley Hodgen

"Tom, You Think Too Loud"

I have been telepathic all my life and this psychic ability is the first one I became aware of. As a child I was interested in psychic phenomena and ESP, but as I grew up I didn't consider myself psychic--only "gifted" people were psychic, and I knew I was not "gifted", but an ordinary person like everyone else. So I read lots of books on psychic phenomena and visited people who were psychic. Then something interesting happened. I had a couple of telepathic experiences that seemed more than a coincidence, i.e. thinking about a friend and suddenly he would call. I told very few people about these experiences because I had the feeling people would think I was crazy.

A couple of years later I began working with nonverbal autistic and retarded children. My telepathic abilities really started to become obvious and useful to me. I found myself thinking something and suddenly a child would look at me and do it. Not having anyone to talk to about this I began my own experiments. Instead of telling a child to put on his jacket I would think it to that child and nine times out of ten he would do it; or a child would be able to tell me what he wanted the same way. Both the children and I began to enjoy this type of communication as it saved a lot of effort and misunderstanding.

I received validation for this communication from a co-worker when I returned to visit a few months after I had quit working there. He said the person who took my place was always talking and yelling at the kids and everyone missed the way I always seemed to just know what needed to be done and would quietly just do it. But the best validation I received that day was from the children themselves who let me know telepathically that they were glad to see me.

It was during this time that I first heard about the Berkeley Psychic Institute and began taking classes there. I was so excited and relieved to find other people doing the same kinds of things; people who didn't think I was crazy. I discovered that many people experience telepathic communication and when they are not aware and not in control of this ability it can manifest as neck pains, earaches, sore throats, hearing voices, and ringing in the ears. How great to hear that all I had to do was pick up the "phone" and say hello and the ringing would stop. There was someone on the other end of the line who was trying to communicate with me. My chronic neck and shoulder pains began to go away as I became more aware of this ability and soon I began to use it more and more. By now most of my friends were psychics too and we had a lot of fun using this ability with each other.

In fact, one day one of my friends showed me how telepathic animals could be. I was visiting at her house and decided to go sit out back in the yard for awhile. I was sitting there daydreaming when suddenly one of her dogs appeared beside me, sat down next to me, and began licking my face and asking me how I was doing. This surprised me as this dog rarely came up to people and had never done so with me before. After I went back into the house my friend informed me she had told her dog to go find me and see how I was doing.

Many people experience telepathy all day

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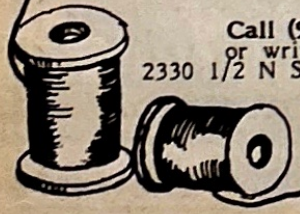

ALTERATIONS

without even realizing it. Sometimes you might answer a person's question before they ask it, or hear a voice so loudly in your head that you answer "what" and everyone around looks at you strangely because no one had said anything. Or you might be thinking of someone and they call you or show up for a visit. Many stories have been told about people who knew that a friend or relative was in trouble or trying to communicate to them. As you begin to validate and enjoy this ability you can communicate to friends and family in a different way.

After developing this ability for a few years I had an amusing experience with a co-worker of mine in a print shop. Tom knew I was a psychic but he wasn't quite sure what that meant, and one day he told me that the night before he had a dream in which I had told him that he could communicate with thoughts and didn't have to use words. After this Tom began to practice on me, thinking thoughts at me to see if I would respond. Finally one day when he was doing this I walked by and said "Tom, you think too loud." He quit practicing on me after that.

Telepathy can be a fun ability to develop and all it takes is practice. The next time you go out for a walk send a telepathic hello to the people who walk by and see what happens.

(Shelley Hodgen is currently director of the Berkeley Psychic Institute of Sacramento. She teaches beginning students how to heal, develop their psychic abilities, and communicate with spirit. She is a regular columnist...editor)

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Reading Your Own Mind
Telepathy and Your Self Image

by John Fulton

O.K! Recall a time when you were talking with a friend. You were telling him in great detail of the plans you made for this evening which had included him. As you continued through this detailed description, you began to notice your friend withdrawing from the conversation. Instead he was staring at you with a questionable expression, until finally he blurted out, "That's exactly what I was thinking of doing. Down to how much butter I want on the popcorn. How did you do that? Wow, that's scary! You were reading my mind." You are sitting there with a "weird" label across your aura and the unspoken thought in your head, "Am I a freak? Is something wrong with me?" The once perfectly planned evening became punctuated with hesitation and gaps of silence. It was a silence that filled inside both of your heads with the question "I wonder if he knows what I'm thinking now?"

Sound familiar? It's called mental telepathy, and of all the psychic abilities, telepathy is perhaps the most commonly experienced. It is part of your ability as a spirit to communicate. It is your ability to communicate with another person (or even a group) "non-verbally".

Sounds great huh? Put Ma Bell out of business! Well, it is great but there is a problem. Let me show you.

Here you sit, having been told all your life that "psychic abilities" do not exist and if they do they'll make you sick. No, you can't read someone else's mind. That only happens in the movies. It's only a coincidence. This sort of denial is bad enough but there is more. Not only are you told that there is no such thing as telepathy but you are taught that you are responsible for your thoughts. (You are what you think.) And if you have bad or evil thoughts you are a sinner.

Now this wouldn't be a problem but you are telepathic. You are "picking up" other people' thoughts. This means that all of the thoughts that pass through your awareness aren't yours. And if you're stuck in the consideration that you are responsible for all of them, you will automatically begin to judge and feel the need to control the thoughts of

the people you associate with. Sounds like a big job doesn't it? Ever feel like your burden is too heavy?

Now, let's take a deep breath and relax a moment. Let's look at how this denial of one of the most commonly used spiritual abilities affects your self-image; your ability to like yourself.

Here, let me illustrate. You are walking down the sidewalk. You have just received your tax return and you have bought new shoes. You feel good about yourself. You are relaxed. You are in amusement and enthusiasm as you think about what else you are going to purchase. (It's funny how this works. As you reach this state of enjoyment, your spiritual abilities tend to increase. Your telepathy becomes more keen. Ever know of anyone who is afraid to have a good time because it seems that every time they do something bad happens?) Coming toward you is someone who is in a bad mood. He is down. He does not feel very good about himself. The next thing you know you are no longer sure if the shoes are the right ones. Continuing your shopping spree is simply out of the question. Maybe you made a mistake on your tax return and shouldn't be spending this money anyway. The entire tone of your day has changed without any apparent reason. Your mood has changed from one of self-celebration to one of self-doubt and uncertainty. You are down. And you don't feel very good about yourself. Your self image has run from one end of the dichotomy to the other. You go home to take a nap!

Now what is amusing about this scenario is that all of this happens because you are capable, but you have been taught to ignore your capability. You are communicating with people non-verbally. You are telepathic. Well then you say, if only part of the thoughts going through my head are mine, how on earth do I tell the difference between my own thoughts and someone else's? Well, what seems to have potential for a real nightmare actually has a simple answer.

The next time you find yourself becoming depressed or apathetic as a result of a thought that you just can't seem to get out of your head, try these steps. First, find some amusement. If you can't find any, fake amusement will do. That's right, fake it. Imagine yourself dressed in a chicken suit. Now, ask the question "Can I change the thought? Can I alter one detail of the thought that is depressing me and affecting how I feel about myself?" If you can, the thought is yours. If you can't or you do change the thought and within seconds it returns to it's original form, you have just found a thought floating through your head that isn't yours. Congratulations! You are psychic. You have picked up someone else's thought.

So what do you do now that you know the thought that was depressing you is not yours? Simple. Have a bite to eat and go spend the rest of your tax return on yourself!

(John Fulton was born in Borger, Texas, and still bears the accent and friendly demeanor to prove it. John has taught psychics for nine years, most recently acting as director of four Berkeley Psychic Institutes simultaneously. He is also currently the chancellor of the Aesclerion Healing and Recreation Center ...editor)

"...all of the thoughts that pass through your awareness aren't yours."

Science Labels It 'Auditory Hallucination'

Voices Call a Name, Tell You to Do Evil or Save Your Life

by Beth Dunlavy

Imagine that you are sitting alone in the woods on a summer day. It's quiet; you can only hear birdsong and the trees swaying in the wind. Suddenly, you hear someone say your name. You turn and look around, perplexed. No one is there.

Now imagine you are at a noisy party. People are laughing, talking and dancing to loud music. But inside your head, you can clearly hear voices. These voices tell you that there is a purpose for all that you are experiencing, and that you are special. You hear secret information about the people at the party. It is much easier to hear the voices in your head than the voices of the partying people who must raise their voices over the sound of the music.

Many people have experienced the first scenario, fewer have experienced the second. Both of them are clairaudient experiences. If you told a friend about hearing your name called when you were alone, you both might write it off to an active imagination. But if you told someone that you constantly heard voices that no one else could hear, you would probably be referred to a mental health professional or a local psychiatric ward.

Clairaudience ("clear hearing") is the ability to hear spirit-to-spirit communication. Like telepathy, it is a capability of the fifth chakra (a spiritual energy center located in the throat) and involves communication independent of physical vocalizing. However, telepathy is usually seen as communication between spirits in bodies. Clairaudience is a more all-encompassing term which describes the ability to hear spirits, regardless of whether those spirits have bodies.

Joan of Arc was one of the most famous clairaudients. As a young girl she heard voices exhorting her to save France which was at war with the combined forces of England and Burgundy. These voices, which she considered angelic, convinced her to lead the French army into battle. While she was successful in the battles that she fought, the French army was eventually defeated. The king of France--who previously had believed in Joan and her heavenly voices enough to entrust her with an army--withdrew his support under pressure from church clergy and Britain. She was put on trial for witchcraft and told to renounce the voices. She refused to do so and, at the age of 19, was burned at the stake.

Wolfgang Amadeus Mozart had very different clairaudient experiences. He heard music (entire symphonies!) inside his head. As early as the age of five, Mozart began writing down the music that he heard. William Blake, the great English poet, heard entire passages of poetry and then would work feverishly to write them down. Neither of these men knew where their "inspiration" came from.

The Bible describes many clairaudient events. In the Old Testament, the recipients of these spiritual communications from Jehovah or his angels were called prophets: Moses, Samuel, Jacob, Ezekiel, Elijah and Isaiah, to name few. These prophets were instructed to convey messages to a king, usually warning them to change their ways. Sometimes the king would welcome this advice and continue to use the prophet as a communication link with God, but just as often these prophets were persecuted as the

bearers of bad tidings. Either way, their clairaudient experiences set them apart from their fellow men and changed their lives forever.

In the New Testament, clairaudience seems to have been used more often to convey good tidings. An angel told Mary clairaudiently of the divine nature of her pregnancy, and Joseph received the same clairaudient message. Jesus himself always heard God talk to him as spirit; on the occasion of his baptism in the wilderness, both he and John the Baptist heard God say, "Thou art my beloved Son; in thee I am well pleased." (Luke 3:22) And finally, Saul, who persecuted the early Christians, was converted to Christianity by a clairaudient experience. As he rode to Damascus he was struck blind and heard the already crucified Jesus' disembodied voice say "Why persecutist thou me?" His travelling companions saw the blinding light, but did not hear the voice. After regaining his sight, Saul was converted to Christianity and set up new churches all over the Mediterranean area as the apostle Paul.

In the Middle Ages, clairaudient communication with God and angels was much sought after. Saint Francis, soon after he created his religious order, was in a quandary over whether he should spend his life in prayer or sometimes go preach. He sent messages to Sister Clare and Brother Sylvester to ask them to pray about his mission. He knew Clare and Sylvester were in clear communication with God; when they responded that God had told them he should share his message with the world, he did — preaching to people, animals and birds.

In the 20th century, clairaudient experiences are viewed with suspicion. If someone hears voices, especially God's voice, mental health professionals who don't believe in spirits treat them for "auditory hallucinations". The Encyclopedia of Psychology defines hallucination as "the occurrence of an internal representation without the presence of matching external stimulus." By this definition, if what you perceive can't be perceived by those around you, you are hallucinating.

Harry Houdini, the master magician and illusionist, was loath to disclose that he used clairaudient information to create death-defying stunts. He became world famous for feats such as escaping from a locked and chained trunk that was dropped in the Hudson River and jumping from the wing of one airplane to the wing of another. The master escape artist confided to friends that he accomplished his stunts by listening to a voice which would tell him how to do the stunts and when to begin. He reported that once he didn't wait for the voice to tell him to start and it nearly cost him his life. Publicly, Houdini never admitted his spirit-to-spirit communications; in fact, he gained a tremendous amount of press coverage by publicly denouncing psychic phenomena and spiritualism.

Clairaudience, like all psychic abilities, can be turned up or turned down. Those who cannot turn down their clairaudient abilities are at the mercy of them. Some sensitive people feel crazy (and often are legally certified as crazy) because of the incessant conversations going on inside their heads. Imagine that you had a radio in the center of your head that was always on. You couldn't turn it off, nor could you choose the station you wanted to listen to. That is how an out-of-control clairaudient feels.

The information you receive clairaudiently varies, depending on who the communicating entity is. Just as listening to one human conversation can be enlightening and another tedious, some spirits communicate information clearly, while others distract or confuse the listener. It all depends on the participant.

Most psychiatrists would prefer to treat "auditory hallucinations" with controlling medications. But where do they think the voices come from? One psychologist from Lativa, Konstantin Raudive, discovered that when he tape recorded "white noise" created by tuning several radios into static, hundreds of voices could clearly be heard on the tape. Later, he discovered that when he spoke into the microphone of a tape recorder, these voices could still be heard on the tape. A group of electronics engineers set up an experiment where, in a recording studio custom-designed to stifle outside noise, Raudive spoke into a microphone placed out of his reach. When the tape was played back, the scientists were amazed to hear over 100 distinct voices, some so clear that they needed no amplification. Raudive, who believes

in the survival of the spirit after death, was convinced that these voices were spirits without bodies. Others maintained that, because the distinct voices spoke in the seven languages that Konstantin Raudive knew, that these voices came from his subconscious.

Sometimes, it is easier to be aware of clairaudient communication if you are not continually bombarded by stimuli. If you have to tune out the external sounds you hear with your physical hearing, this often interferes with your inner-hearing abilities.

One young woman experienced increased clairaudience after a month's solitude living in a forest. She had neither spoken to nor seen another person for thirty days. One morning as she lay in bed, a voice said, "Lisa, wake up, wake up." Opening her eyes, she saw that no one was there. Later that morning, she heard voices off in the distance. There being only one other house in the vicinity, she assumed her neighbors were having a party. After listening to people talking and laughing for several hours, she walked half a mile through the woods to the neighbors' house, only to find it deserted and quiet. After she walked 100 yards back into the woods, she heard the voices again. When she turned back toward the house the sounds of merriment ceased and her search of the grounds was fruitless. Each time she was 100 feet away from the property, she could hear

When he tried to commit suicide a voice from the shadows shouted "GO HOME" and saved his life.

the voices, which lasted throughout the day.

Most of us have learned to ignore the voices that we hear with our inner hearing. We ignore them until extreme circumstances cause us to desperately seek out any possible source of information.

Several years ago, a woman had a clairaudient experience that saved her life. She was driving with her husband along a lakeshore highway. It was night and her husband, noticing a truck's lights in the rear view mirror, pulled off the shoulder to let the other vehicle pass. The shoulder of the road had been only partially resurfaced that day. The car plunged off the road into the icy lake. The windows were broken and the car immediately sank. The woman, suffering from a fractured collarbone and other injuries, found herself in a dark hell. She didn't know where the surface was, where her husband was or how to get out. Somehow, she managed to free herself from the car and make her way to the surface. As she gasped for air and looked about her, she saw only darkness; there was not enough light to distinguish the shoreline. If she swam out toward the middle of the lake, she would die. "Oh God, help me," she cried. And as she painfully treaded water, an unseen presence physically turned her to face the opposite direction. A voice said, "Swim for the trees." She didn't see any trees but swam in the direction she had been turned toward. After minutes of painful swimming, she saw trees straight ahead of her, their boughs reaching down into the water. This was one of the few places on the shoreline where the injured woman could drag herself out of the lake.

In another extreme case, a young man saw and heard a spirit guide. After months of intense college and social pressure, he disappeared for several days. One night he tried to commit suicide. His attempt failed when, in his sleep, he regurgitated the overdose of barbituates and alcohol. He spent several days alone in an abandoned concrete bunker where he had gone to die. He felt he could not return to his former life. Before he left the city, he mailed goodbye letters to friends and family. As he lit a fire using gathered twigs and a lighter, a large shadow loomed. Tall, with large eyes, the shadow gave a loud, deep-toned clairaudient message: "GO HOME!" Startled, the young man jumped to his feet and ran nearly two miles to the nearest pay phone. When he phoned, his family and friends had just gathered together at his parents' home with their "goodby" letters in hand. He was quickly and safely retrieved from his suicidal exile. The spirit guide, with only two words, had shocked this man out of his deep feelings of helplessness.

Another woman described a near-death experience in which clairaudience had also figured prominently. When she was four years old she was taken to the hospital after her mother couldn't awaken her from a nap. When they arrived at the hospital, the doctor didn't believe there was any hope, since her temperature was 107 degrees. She clearly remembers looking down on her body, seeing her mother with head bowed, crying.

She felt very peaceful and safe. From her vantage point above her body, she was surprised to look down on the tops of large aluminium lighting fixtures. Born at home, she had never been in a hospital before and the Washington mountain community where she lived had not received electricity so electrical lights were a novelty. As she floated there, serene, she heard a deep voice, say, "Not Yet." Immediately her vision went black and then, as if a bandage was torn off her eyes, the darkness peeled back diagonally across her line of vision and light poured through. "Mama" she said. The doctor, encouraged by the sign of consciousness, suddenly felt hope. Fortunately, he immediately guessed that she was suffering from spinal meningitis. He didn't wait to conduct lab tests; a hospital intern, he had recently written a thesis on the virus and knew the importance of removing fluid from the spine to decrease the pressure on the nerves and prevent permanent paralysis. (A lucky coincidence?) She completely recovered.

Clairaudient communication may provide amusing commentary on an experience or it may provide a vitally important piece of information. It all depends on who you are communicating with and why they are communicating with you. Whether you believe that they are manifestations of your subconscious or spirits trying to communicate with you, be aware that you create your own reality. Clairaudience only becomes a problem if you let other voices determine what is true for you.☆

Where Do They Get Help?

Hearing Things Can Drive You Insane

People who have intense, on-going clairaudient experiences are usually labelled schizophrenic by the medical profession. David Berkowitz, who dubbed himself the "Son of Sam," killed six people and wounded seven others. He said that demons, speaking through barking dogs, ordered him to kill. Two court appointed psychiatrists concluded he was psychotic because he believed in the demon voices. A third psychiatrist found Berkowitz competent. This psychiatrist, David Abrahamsen, wrote in New York Times magazine, "A person who imagines he is possessed by demons and that he has received commands to kill is insane (the legal term) and psychotic (the medical term). Thus he suffers either from paranoia, an extremely rare form of insanity marked by distorted beliefs that are impervious to reason, or from schizophrenia, a thought disorder marked by confusion, a loss of memory and the inability to understand what is going on within him or around him to hold a job. In other words, he is a disorganized personality." Abrahamsen did not believe Berkowitz to be insane because "what he did seemed to govern the behavior of the demons" and he was alert, perceptive and highly intelligent; he was not a disorganized personality. In other words, Berkowitz, a serial murderer, was attuned enough to the psychiatrist's view of reality and rational thought to be judged competent. Later from prison, Berkowitz called the demon story a hoax.

Bizarre stories like those of the "Son of Sam" gain sensational media attention, and reinforce the popular belief that a person who hears voices is possessed (or crazy) and dangerous. But how out-of-the-ordinary is hearing a voice inside your head?

In a case from recent memory, 41-year-old James Oliver Huberty walked into a San Ysidro, California McDonald's restaurant on July 18, 1984 and opened fire with three guns. He killed 21 people and wounded several others before being killed by a police SWAT team. He had been hearing the voices of "Christ, God, and I don't know who all," according to his wife.

Mark David Chapman, who shot Beatle John Lennon in New York City, also spoke with spirit. Awaiting trial in June of 1981, Chapman said God visited him in his cell and told him to change his plea of not guilty by reason of insanity to a guilty plea. His attorney was quoted by the United Press at the time as saying, "I talk to Mr. Chapman alot. I've never been there when God has been there." A request was then made for a new competency hearing, to determine Chapman's ability to understand the charges against him.

On Thanksgiving Day in 1980, Priscilla J. Ford gunned the motor of her Lincoln Continental and plowed through the holiday crowds gathered on the sidewalk in front of a Reno, Nevada casino. She said that voices from above directed her to kill. Her rampage left five people dead and two dozen injured. A religious woman, Ford was known to have previously erupted into a religious tirade at a bar in Maine.

In London in May of 1981, Peter Sutcliffe went on trial for killing 13 women over a five-year period. He claimed that while working as a gravedigger he heard God's voice telling him he'd been selected to kill prostitutes because they were "the scum of the earth" causing his emotional problems.

And in June, 1982, Jeanette Hernandez, 27-year-old mother of three from Queens, N.Y., killed one of her children and injured the other two because the Holy Spirit and demons told her to. After hearing demons for about a week, she took her children into a closet to protect them. She was accused of biting all three children and asphyxiating the youngest. She was ordered held for psychiatric examination.

More recently, in March 1985, a security guard named David Allen Raley was accused of murdering one girl and stabbing, clubbing and raping both her and a girlfriend because someone or "something" named "Bob" wanted them dead. Raley, from South San Jose, California, told police it was because of "something that was in his head" that he tried to kill the teenage girls.

All of these cases involved deeply troubled people. But they also had in common clairaudient experiences that were beyond their comprehension. In each case, these potentially violent people heard voices that told them to do things of a very malevolent nature.

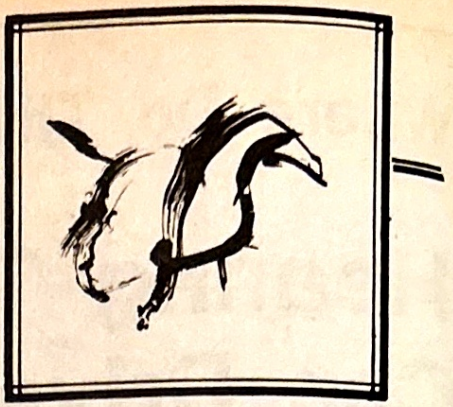
Where do gravely disturbed people go? Does an atheist society which does not believe in the voices of spirit condemn them to seek healing only through drugs and psychiatry?

Lack of spiritual communication about spiritual problems worsens these afflictions. And those who do believe in spirit may not believe that disembodied spiritual punks exist who, like some physical counterparts, are bent only on evil pranks and destruction.

Until science, law enforcement, politicans and the church recognizes spirit - especially in its most awful forms - violent crimes where "the devil told me to do it" will continue. ☆

Gail Halloran

Psychic Children



by Mary Bell

Children Have High ESP With Animals and Friends

As a child, I was very aware of using telepathy to communicate with my family and friends. I was aware that everyone used it but did not talk about it. Many years later when I taught handicapped children, newborn to age five, I used my ability as a telepath daily with the children. Even though many of these children couldn't physically speak, they were constantly "telepathing" their needs.

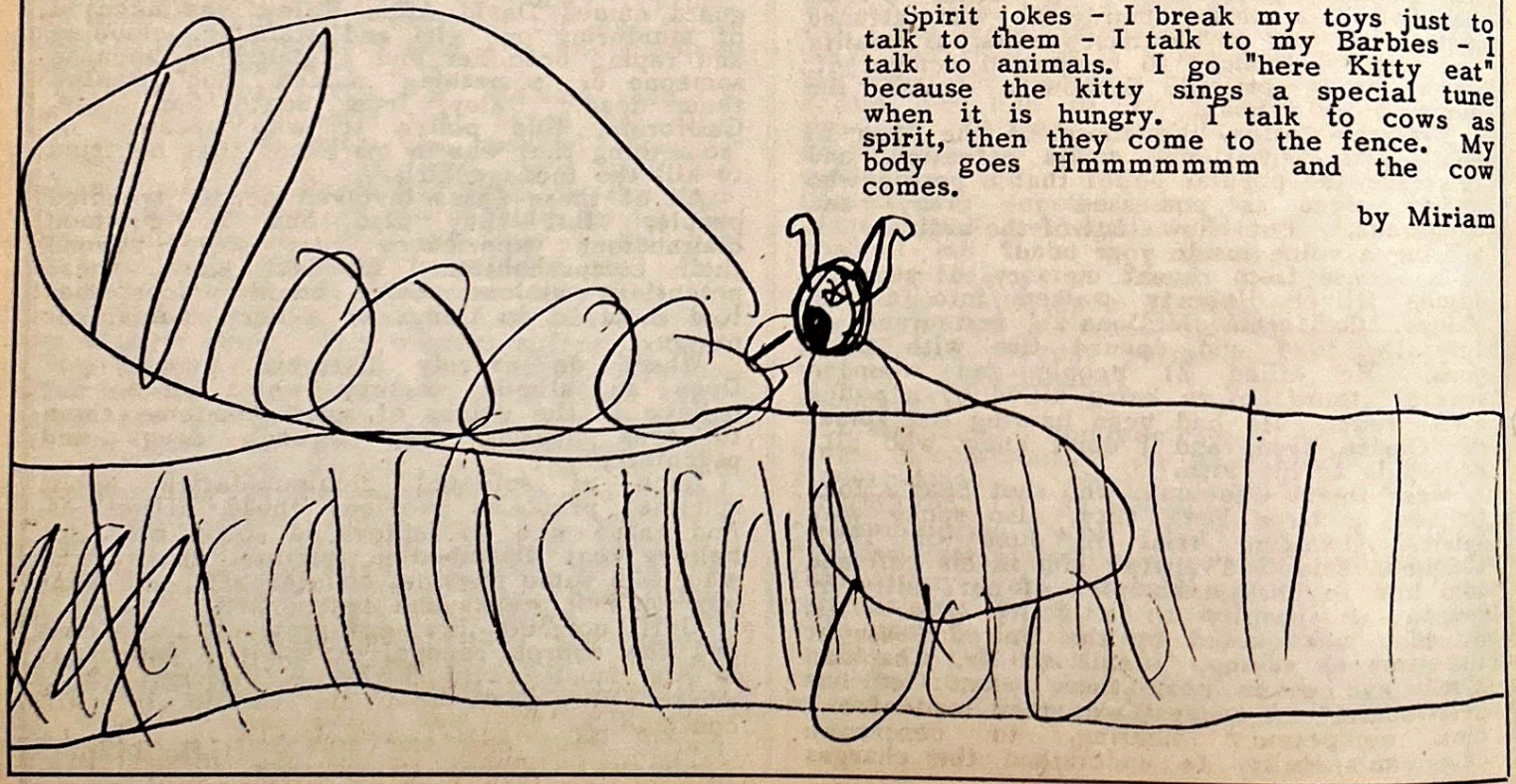
Alex Tanous, a Massachusetts school psychologist and psychic researcher, has written a book in collaboration with another psychic reasearcher, Catherine Fair Donnelly, entitled, "Is Your Child Psychic?" " In this book they state, "It is believed that all children, without exception, have a certain amount of ESP and various studies have shown that retarded children have a greater degree of this faculty than so-called normal children." The authors tell of Eloise Shields, a psychologist employed by the school districts in Los Angeles County. Shields reports on the results of tests of children that "it appears that severely retarded children can display an amazing degree of telepathy and a somewhat above average clairvoyance. These children are often primitive in personality and actions and are extremely dependent upon adults for their survival." Many other teachers of handicapped children have expressed similar veins. It was years later in the Yin Yang Seminary that I discovered that telepathy was being-to-being communication. It's not the body that telepaths but the spirit. I asked several of the elementary children to write for Psychic Life Magazine on how they use their telepathy with animals or friends. Their stories follow:

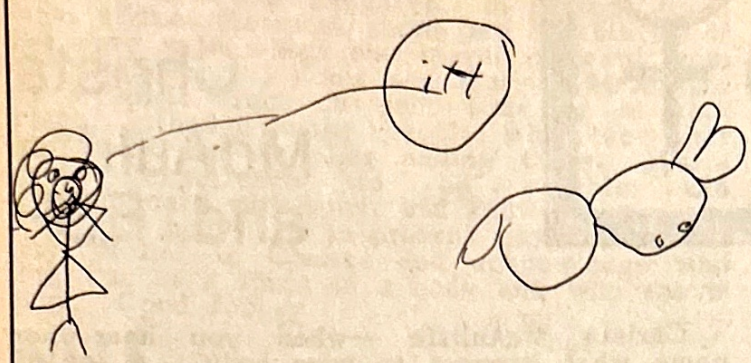
When I want to talk to spirits I close my eyes and talk telepathically to someone. And when I talk to animals I talk to them and pet them and hold them and validate them because I like them!

by Alexis

Spirit jokes - I break my toys just to talk to them - I talk to my Barbies - I talk to animals. I go "here Kitty eat" because the kitty sings a special tune when it is hungry. I talk to cows as spirit, then they come to the fence. My body goes Hmmmmmmm and the cow comes.

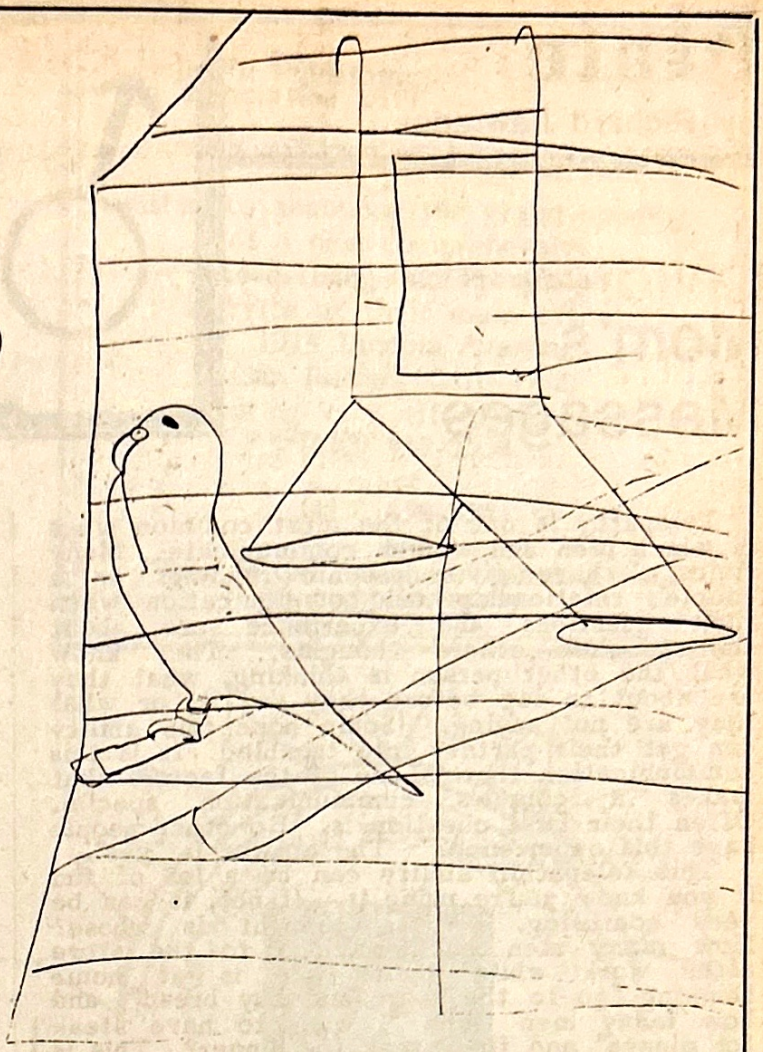
by Miriam

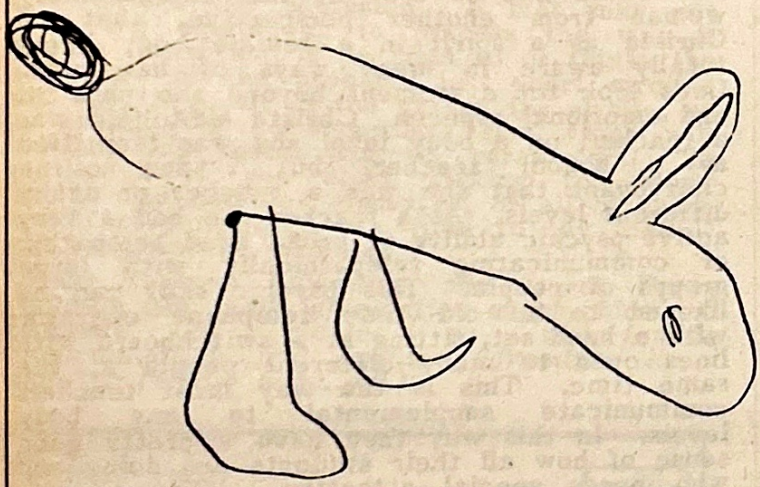




How do you talk? You picture them. To animals you say hello psychically. I throw them a hello. They say hello back to me. They have special signs.

by Sarah





I talk to the animals with no voice.

by Brian

I talk to my animals with my own voice. I do not talk with a silent voice.

by Solomon

I close my eyes and silently I talk like I'm talking to myself. If I'm talking to my bird, Mr. Bird, I would so chirp, chirp, chirp (means "how are you?").

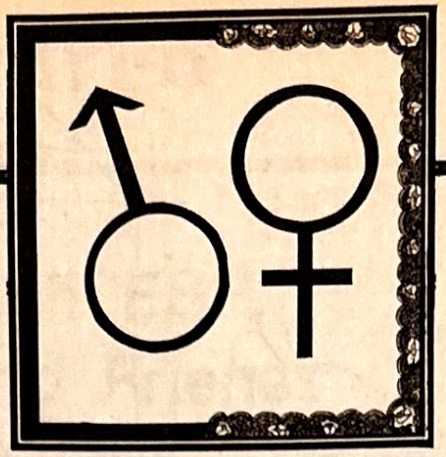
By Kyra

Back in June of 1984, Dwight Chapin, who writes for the San Francisco Examiner, wrote about a boy (Robert Masters) who in grammer school had a friend up the street from him. "They talked on the telephone all the time, but they rarely had to call each other. "It was mental telepathy," Master's says. "The phone wouldn't ring, I'd pick up the receiver to call my friend and he's already on the line." Masters didn't think that was particularly unusual, Chapin writes. "I've experienced psychic things all my life," Masters says, "but everyone has some psychic abilities - what you might call a sixth sense. And most people experience ESP 30 or 40 times a day. The thing is, society teaches us not to follow our inner feelings. Instead, we analyze and dissect and talk ourselves out of our own ESP."...

I see the eighties and 1990's as being an awakening of people tuning into their abilities and realizing they may be psychic not crazy.☆

Male

by Richard Lawrence



Female

by Carol Tracy Cullinen

Mom's Messages

Telepathy is one of the most common ways in which men and women communicate. Many times, I have given psychic readings on a couple's relationship and communication when their questions and experience are about sharing each others' thoughts. They know what the other person is thinking, what they are about to say before they say it, or what they are not saying. (Some hope this ability can get their partner into trouble.) It is this communication that is one of the factors that makes a couple's communication special. Often their first question is, "Do other people have this experience?" The answer is "yes".

This telepathic ability can be a lot of fun if you know you're using it. If not, it can be very confusing. Whose thought is whose? How many men each day go to the store after work while their wife is at home thinking "go to the store and buy bread", and how many men think "I want to have steak for dinner" and find steak for dinner? This is one of the ways telepathy works.

There's another part that comes with the experience of having a male body. This is the fact that men think differently than women. This fact is acknowledged by every man on the planet and this difference in energy and thinking is probably the most popular subject in the world. What happens to a male child whose mother is in such a telepathic link that she knows at all times what he is thinking or doing and whether he is safe? And did you ever know a mother who didn't do this? No way. All mothers are tuned right into their children, they're supposed to be. But what happens? Well, as the girls grow up the thoughts they have are just like those of their mother--there is no difference.

Men think differently than women.

To a man "female thoughts", for lack of a better term, are possibly faster, include lots of other things, and have the effect of controlling men. "Don't do that!" How does

Christa McAuliffe and ESP

Christa McAuliffe --when you hear her name what happens to your body? A lot of the hubbub of the NASA Challenger accident has quieted down, but what I noticed for the weeks following this incident was a national sense of personal loss. This was an interesting phenomenon to observe. Why were we all more personally attached and aware of Christa than the other six astronauts? There were many theories espoused on this by the media at the time of the Challenger's explosion. Some of these include: "she was one of us, an everyday person," to, "she was attractive and appealing in the all-American homespun way". "Christa was a wife, a mother, and a career person who knew how to dream." All these statements have credence. Christa McAuliffe had it all, so how could this terrible thing happen? It's like a bad ending to Snow White where the Wicked Witch wins.

I would like to look at this extraordinary woman from another perspective, that of Christa as a spirit in a female body being totally aware in many ways of her path. Let's look for a moment beyond the physical and emotional aspects. Christa McAuliffe was a teacher, on a body level she was identified as a school teacher, but I see as a clairvoyant that she was a teacher on many different levels. As a teacher she had a very active psychic ability of broad band telepathy, or communicating telepathically with large groups of people. This psychic skill can be likened to an old time telephone operator with a hand set, sitting at a switchboard with lines open to many different people at the same time. This is the way most teachers communicate supplemental to any body levels. In this way they have a pretty good sense of how all their students are doing and who needs special attention. When Christa was chosen to represent us all on the Challenger space mission I see she transferred this telepathic ability to a nation. What a capable woman. This also explains the tremendous sense of loss we all experienced when this communication was abruptly cut off, as well as the national sense of shock. Like communicating with a good friend and having the line go dead mid-conversation with no physical way to reconnect. It is in this way that I see Christa McAuliffe taught her most important lesson to her biggest class. I see she knew how to die, and in many ways undertook that with little or no fear, she knew she was a spirit in a body and that the body was temporal. She also merely took her

Female

communication from a physical and spiritual space to a purely spiritual space for those people who could have that. I see many of the students she taught in school are aware of this, as is her daughter. In present time, what strikes me most about her capabilities is her ease with which she moved forward from that incident. I don't see Christa McAuliffe as a spirit stuck in past time or in that place, although many people who knew her are stuck and see her ending there. It's a great experience to be psychic and communicate with spirit and know you are not just your body. So in present time it's fun to say "Hello" to Christa and acknowledge who she was as a spirit in a body and who she is now. Good Job! ☆

Male

a mother control the pampering two year old son? She may have no other way than to climb into his head and say "Don't do that. Be good."

As a man, as you begin to work on your personal evolvement, you might take a look to see if you are thinking like a man or a woman. Maybe your first thought was actually your mother's. Amusement.

The considerations of a male body, such as no-responsibility and simplicity, are how a man heals himself, finds his space, and works toward his integration. If he is trained to receive female thoughts with female considerations of reponsibility, and complexity his freedom can seem very elusive.

Hearing the thoughts isn't the problem, that is tremendous, it's not knowing the difference that causes the confusion. A man may not have the equipment to process the way a female thinks and if he tries to or thinks the ideas are his he probably just short circuits and has to go sit in the garage for awhile, or go fishing, or do something else which will redefine his space and its parameters. So gentlemen if you start getting too many jarbled and complex messages, or all of these are in responsibility, it's time to say "hello!" and hang up the phone. ☆

(Both Richard Lawrence and Carol Tracy Cullinen use their information as psychics and teachers of classes on male-female communication and spiritual freedom in a male or female body...ed.)

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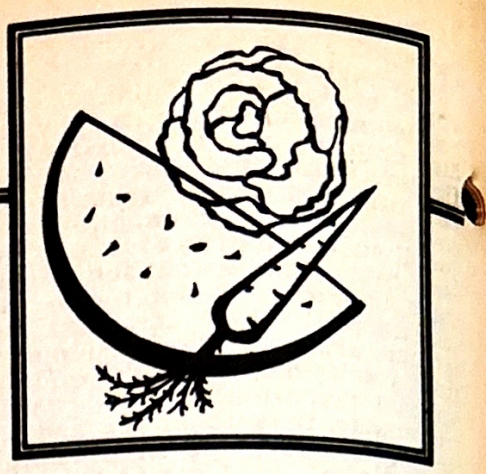

by Cathy Langlois

New Non-Stressful Exercise

"Exorcising" the Demon Pain

Ahhhh, The summer sunshine is hot and the gentle sound of soft soled jogger's feet is wafting in my window. I recently met one of these road warriors for breakfast after he had completed a race in which he had set some kind of a speed record. As he sat beside me I became aware of a kind of humming; it was almost audible. His eyes were very bright and alert and he spoke with enthusiasm about everything. It was a slight shock for me to realize that he had a healthy body and a healthy spirit! As one whose focus is often on my and others' spiritual growth I realized how seldom I had experienced the energy of someone whose physical and spiritual energy match. This set me off once again on a course I had started some three years ago with a previous article in Psychic Life Magazine (Vol. 3 No. 5/6 p 24): exercise.

I wondered what had happened on the exercise scene since I last checked it. I found that after all the hype about exercise throughout the 1980's, one of the best things to occur was an increased awareness about what is good for the body. This is most visible in the new non-impact aerobics that many instructors and publications are touting as the safe way to exercise.

A recent article in the **San Francisco Chronicle** entitled "Aerobic Devotees No Longer Into Pain" states: "Many studios are now teaching low impact exercises that involve little or no jumping. ...Around San Francisco, students said they are well aware of the change in exercise philosophy from 'no pain, no gain' to 'listen to your body'...." The fitness with pain routine has become old fashioned! Has the exercise fad now become something more easily accessible to people who don't want to suffer to be healthy?

A trip to the newsstand gave some answers. There it was on the cover of **New Body**, "New, No Pain, Non-Impact Aerobics;" on the cover of **Health**, "When To Call An Exercise Time Out"; on **Ms. Magazine**, "The Beauty of Health, How To Feel Cared For". It seems the time has come to hear more about getting healthy comfortably and at your own rate. I deduced that there is more of a move by fitness experts to get people to listen to themselves and develop their own fitness routine. To let the spirit (you) start to call the shots for the body.

Joe Weider, trainer of many champion athletes and body builders, and publisher of several health magazines, recently speculated on the exercise movement in America in his magazine **Shape**: "...What we're beginning to see in the fitness world is something much more profound and exciting, a movement that is already changing your exercise habits whether you realize it or not. What I'm talking about is the incredible proliferation of fitness choices in America... we're finally starting to get loads and loads of fitness options. What about the wonderful fitness institution of running. Frankly, it's starting to slip in popularity, because many people are experiencing constant injury... In its place are dozens of alternative exercises that aren't so tough on the musculo-skeletal system: low impact aerobics, water jogging, and rebounding."

Many people who would like to experience the benefits of a healthy body are sensitive to the energy set by leaders of the fitness

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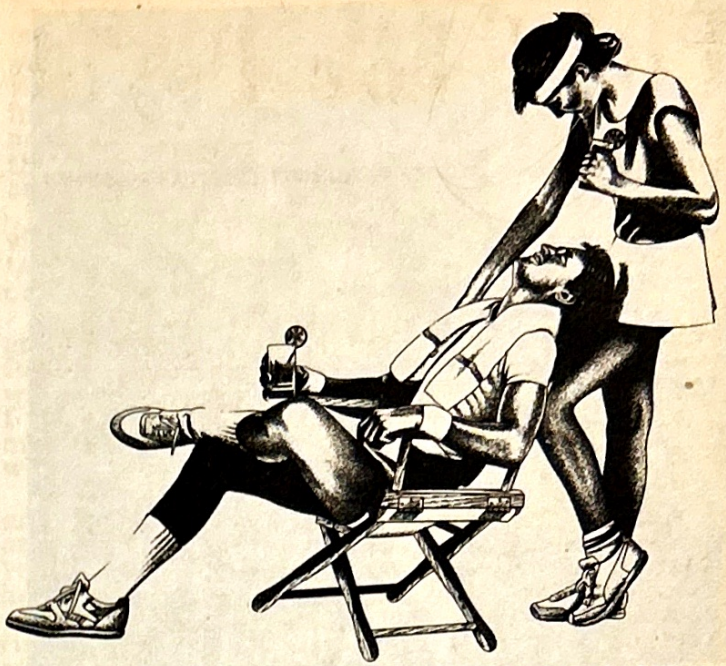
movement, and go beyond the limits they are comfortable with. Jane "go for the burn" Fonda no longer intimidates those who want a gentle approach to fitness. (She in fact has also dropped this phrase from her new revised fitness tape.) The "Give It A Rest" article in the April issue of **Health** Magazine gives permission to do less, not more exercise, if you find you are losing energy from your workouts. It means giving muscles time to heal... learn to listen to your body. Get acquainted with the difference between discomfort from exercise and real pain. Any time you feel pain your body is shouting that something is wrong. This is a far cry from much of the emphasis on mastering and pushing the body, a philosophy that does not acknowledge spirit. This seems to herald an endto the belief that the body needs to be punished to get it under control.

One good thing about the increased variety of sporting alternatives is the higher level of instruction offered. Anyone can put out a fitness tape or teach an aerobic class, but there is a movement underway to license aerobic instructors and there are also reviews about fitness tapes. (A very good consumer ratings system for videos is in the May issue of **Shape.**) There is even an exercise club where big women can feel comfortable while getting fit called "The Greater Woman in New York," where the emphasis is on getting fit, not thin.

Psychics come in all sizes and body types and have one thing in common: they are all aware of spirit and are sensitive to energy. This often makes it difficult for them to remember that the body needs physical attention in addition to energy. The competition in sports and health clubs is a tough energy for a psychic to walk into, and be in. This is where I see psychic tools as being a very important element in a fitness program. As you work the body, you encounter pockets of energy that prevent you from owning or being in that part of your body as a spirit. Hitting this foreign energy in the body while working out can result in a physical pain that quite often becomes the real reason a person will quit an exercise program, just as they start to reach a new level of body ownership. If a part of an overall fitness plan included a course in psychic meditation you could have tools to deal with the energy that comes up as you get into your body through exercise. Already people are starting to become aware that physical information about exercise isn't all



there is to it. An excerpt from an ad for a fitness product reads: "A young man had a dream. He searched through inner space and he searched for knowledge, because knowledge is power... in that dream the young man travelled further through the veins and arteries of his own inner space... he saw vitamins and minerals in spectacular metabolic reaction... and in that dream he felt confidence and peace and physical strength." Talk about getting **into** your body!

I know one athlete who visualizes a line running from the body part he has discomfort in while working out and letting it connect to the earth and release energy there. He also sees the pain or discomfort as a color and chooses a different color to replace it with. Visualization is a spiritual ability, one that many people unknowingly use each day while doing exercise.

The emphasis on listening to yourself and devising your own body fitness plans is a result, I see, of a lot of spiritual growth on this planet starting to drift into the body awareness levels. Like my runner friend you can start to match spiritual and physical energies: raise one, raise the other. They work as a unit.

My search goes on. I'll report to you what I find next issue. Meantime check out a form of gentle exercise to say hello to your own body and let me know what you learn! ☆

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CLIFFORD SPEAKS; HIS FATHER BELIEVES

by Joan and Clifford Burbridge

This photograph of Joan Burbridge, taken by a spirit photographer, shows several spirit guides in detail.

(This article is a continuation of the psychic experiences of Joan and Cliff Burbridge after the death of their son Clifford...editor)

The next world! All my life I had dismissed it as part of the comforting fantasy which offered to explain one mystery by another. Then, some weeks after my son's death, Joan woke me up in the middle of the night--she heard sounds: morse code and music. I thought of it in terms of autosuggestion, but the phenomenon continued. It insisted on an investigation.

A very dear old friend, a life long spiritualist, offered to take us to Leslie Flint, one of the very finest direct voice mediums he knew. My lifetime of scepticism left me dubious, but we made the long journey to London to see Leslie Flint, arriving as complete strangers.

He was a stocky, darkish man, with hornrimmed spectacles. His soft gray suit refused to fulfill my crude expectations of the bizarre.

We were in the sitting room of an ordinary London suburban house. Leslie Flint explained that first there would be phonograph music to induce the suitable mood on which everything depended. fter some time Mickey, his little Cockney guide, would come through, bringing whomever he could. Strangers might be brought, but we were urged to speak to them. Were we afraid of the dark? No? Good. There was nothing to fear. He added that he would not be in trance, or anything like that...almost depreciating such as theatrical affectations.

The seance room was an ordinary front bedroom. Leslie Flint sat in a chair facing us by the table near the window. Joan, our friend, and I sat four feet away. The chairs were wicker and creaked—Flint's every move was audible.

We composed ourselves; the phonograph loaded with a battery of records, was started up. The lights were dim and then lowered to extinction, leaving us in complete darkness. The autochange machine worked steadily through an assortment of records.

Flint observed that "they" were taking their time. A casual hearer would have thought him awaiting a delayed telephone call.

Shortly, Joan said she could see a spirit light hovering over Flint and dancing in time to the music. It was a distinct and very beautiful light.

The music wound on. Then, about 25 minutes after the sitting had commenced, a sharp young cockney voice piped up--just about over the phonograph, seemingly a little to one side of the medium. It was Flint's guide, Mickey.

"Hello, Auntie Nellie," he said to our friend. "I've seen you lots of times before, but I don't know this other lady and gent."

"Yes, I know Mickey, I don't want anything for myself, only for my friends here."

Mickey: "Oh, their nipper's here. He just walked in the door with you. Good afternoon lady, good afternoon gent." We acknowledged

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the greetings in credibly normal voices.

"It was a great tragedy about this boy—an accident led to his illness. Was it meningitis?" "No, Mickey, not quite that." "Anyway, it shouldn't have happened, Guv'nor."

Shortly thereafter we were electrified to hear a faint whisper. "Mummy!" It sounded weak and distant, beyond the furthest corner of the room, way behind Flint, but it seemed undeniably Clifford's voice, as I only had heard it at the last in the hospital.

The conversation continued in short interludes, gropingly and spasmodically, like a telephone call between two people almost choked by their anxiety to get through.

Cliff mentioned the enlargement we'd had made of his passport picture, taken just a month before he became ill. He liked it, and said he often stood near it and thanked us for the flowers kept near it. He added: "I'm often in the house. I go into your bedroom a lot." There was a longish pause.

Joan asked him who brought her the morse and the music. "Why I do Mummy—in the early hours of the morning mostly." I asked, "Why don't you make me hear it?" "I do try, but you don't seem to hear." There was a another long pause.

"Hospital--" "Yes darling, what about it?" "You weren't there, Mummy." "No darling, they wouldn't allow me--I couldn't even say goodbye." "I tried to tap it on the box."

"It was my spine you know, and my legs were paralysed. But I'm all right now."

Nothing happened for some time. When Cliff spoke again, I asked him, "Can you tell me what we gave the school in your memory, old chap?" (a brass plate on the box of a sextant.) "Doubter Daddy!" ... "No, but this is a big thing to me, and I want undeniable proof. You ought to be able to tell me the thing I gave the school." ... "Instrument, instrument of teaching." We couldn't get any nearer than this—and on reflection, I realise the sextant was never his own; he had no attachment to it.

I told him of our forthcoming American visit and what a pity it was we could not take him with us. "I'll be there with you—I can go anywhere you know, anywhere I like."

The conversation carried us over about 25 minutes. It ended without indication—just no further remarks from Clifford, and no replies when we called Mickey. Leslie Flint seemed to think Clifford had done remarkably well indeed for a first effort, and that his voice would strengthen with practice.

Searching for conviction in the foregoing, enough could be found in something known only to me. In the way Clifford spoke, the voice was exactly, in every detail, the voice he had spoken to me with in the hospital. A weak voice, breathing out single keywords first, pausing for breath and strength to amplify them into a sentence. I could not have imagined anything more convincing.

Could there have been any fake? I make no apology for asking this because Flint himself plunged into the topic, remarking that he knew nothing about us, that he did not know who we wanted to contact.

I accept it. I am a hardened old seagull and even though the truth seems too fantastic to believe, the evidence allows no other conclusion. ☆

(Joan and Cliff did go to America and met the medium Hazel Herijon, known for her materializations. See the next issue...editor)

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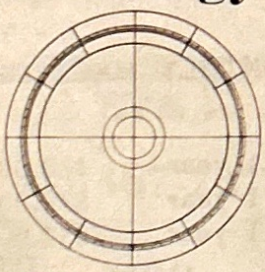

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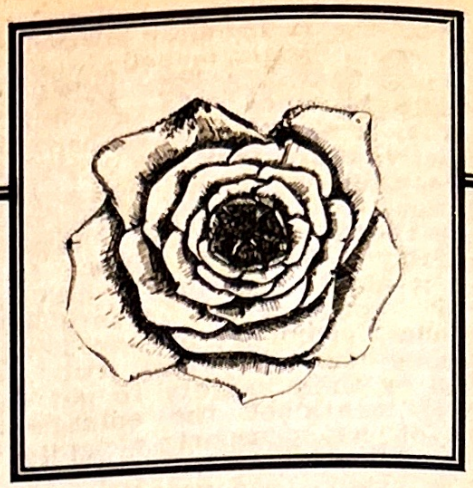
Missionary Healing Report

by Cindy Stakes



Hello to Life After Suicide

(The following Missionary Healing Report was compiled by Cindy Stakes who was one of six healers responding to the call ...editor)

A friend of a co-worker of mine had committed suicide by hanging himself on the spiral staircase. I'll call him Bill. It was difficult for the people in the house to be there since this occurrence. I suggested a Missionary Healing and by accident" was one of the team.

The financee, Lisa, Bill's best friend, John, and another woman, Susan, greeted us at the door. We asked if we could tour the home, trying not to bring up jokes such as "So, Bill's still hanging around?" (Humor is a very important tool; it helps keep a separation from the event.) In walking through the house we looked for a safe space to set up a reading line and go into trance. We chose the dining room. All three sat on a small sofa. The line sat in front of them.

So, there we were. Looking at Lisa, who didn't want us to see how the relationship wasn't perfect, at Susan, who wanted the "gossip", and at John, the original skeptic.

It was interesting to see that Lisa was mostly affected by her own pictures which said it was all her fault. We noticed a lot of energy around her not wanting us to look at the last time she and Bill had a conversation. Apparently they had an argument. When the line said " hello" to that energy, in neutral and not in judgement, Lisa relaxed and was able to tell us about what had happened.

Bill had just come back from visiting his family and had felt invalidated. He didn't want to go back to work; he didn't

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want to do anything. Lisa said his eating habits were unusual and he seemed distant and "spaced out". When Lisa started to ask questions he would get upset. Lisa told him she would see him later, and left. Bill stayed home. When she came home that night she found him dead on the spiral staircase.

The line said "hello" to Bill as a spirit. He was very upset; he hadn't really been ready to leave the body. He said the visit to his family "kicked" him out of his body and he couldn't get back in. Another being came into his body and, well, he lost his. He wasn't sure what to do next.

The line connected him to the God of His Heart and showed him his next step. He got his enthusiasm back as a spirit, called his energy out of the house and the things he had owned, and off he went.

When we said "hello" to John, an amazing thing happened. He gave a "hello" back. A skeptic saying "hello"? We asked him how he saw Bill at this time. "Oh, I had a conversation with Bill the other night. He sat on my bed, and I asked why he had done it. Bill said 'Well, John, I made a mistake. I wasn't in my body.' 'Well' I said, 'See you next time.'" John was also aware that he and Bill had been together in past lives and that he and Bill would probably continue to have life times together.

I asked John if he was aware he had talked spirit to spirit to Bill. He said "I do it all the time." "Did you know that this is being psychic?" I asked. John's face lit up. "Oh, is that what you're doing? You mean I'm psychic?"

We finished by showing Lisa her next step in her spiritual growth and communication with her family and Bill. We removed any remaining energy in the house and did some healing work on each one of them. Afterwards John kept talking about all of his experiences and how he never thought of them as psychic. Lisa just kept smiling and being gracious, but her face reflected the changes she was already feeling in the house. Susan, well, her mouth stayed open the entire time. I think "psychic" became real to her that night. ☆

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Historical Psychics

by Beth Dunlavy

H. Spencer Lewis: Modern Mystic

Dr. H. Spencer Lewis, F.R.C., Ph.D., was the First Imperator of the Rosicrucian Order for North and South America. This means that he helped to spread the Rosicrucian philosophy from Europe to America by orchestrating a revival in the 20th century of the first American Rosicrucian Order, established in Pennsylvania in 1694.

Harvey Spencer Lewis was born on November 25, 1883 in Frenchtown, New Jersey. His family later moved to New York City where as a young man he worked for the New York Herald. Possessing strong artistic talent, he was put in charge of special art features for the newspaper.

At the same time, Dr. Lewis was active in scientific studies and metaphysical research. He became the President of the New York Institute of Psychical Research. It was through these interests that he first came across manuscripts from the early American Rosicrucian Order.

Rosicrucian Orders had flourished intermittenly off throughout Europe, at least since the 1600's. Dr. Lewis himself believed that they originated as far back as the Egyptian Great White Brotherhood, a non-sectarian, non-religious school of mystical, occult and scientific teachings. In general, the European Rosicrucians seemed interested in perserving and expanding upon the secret powers of the ancient civilizations. They were often associated with the alchemy and the Freemasonry movements, among others. Non-religious fraternal organizations such as the Rosicrucians were occasionally viewed with suspicion by governments closely allied with particular churches; to survive these organizations would have to operate covertly.

The Ancient Mystical Order Rosae Crucis (A.M.O.R.C.) holds to a belief in alternating 108-year cycles of outward activity and inward secret work, in part based on their European experiences of going underground to avoid repression. These cycles also represent the dichotomy of life and death. The year 1694, when the first American Order was founded, was the beginning of an active cycle. A secret cycle then began in 1801, and 1909 was to be the start of another active cycle. Before the start of this cycle, Dr. Lewis began making contacts within the European Rosicrucian Orders. He was finally told to approach certain high officials in France. It was from the ancient center of the Rosicrucian Order in Toulouse that he received authority to return to America to establish the revival of American Rosicrucianism. He became the Supreme Grand Master, also know as the Imperator. The new American Order was initially based in New York City. Its headquarters later moved to San Francisco, then to Florida, finally coming to the present location in San Jose, California in 1927. The Order expanded quickly and soon grew to encompass organizations in both North and South America. Thus the "charter" for the American Order broadened to include both continents.

Dr. Lewis realized that in a free society such as America offered, the ability of the Order to research and add to the old knowledge would be phenomenal. Thus he dedicated himself and the full energies of the Rosicrucian Order he headed to the expansion of the ancient wisdom. As quickly as new laws or principles of nature can be tested and proven to be of practical value, they are

added to the Rosicrucian teachings, with the approval of their Supreme Council. This includes metaphysical, psychological, mystical, occult, spiritual, natural and mental laws of value in the material world. An example of this new knowledge was Dr. Lewis' reported ability to transmute metals, such as turning lead into gold, based on the tradition of the alchemists of old. This metaphysical "miracle" was reputedly even witnessed once by a Supreme Court Justice and several New York newspaper editors.

During his tenure as Imperator of the American Rosicrucians, Dr. Lewis demonstrated his genius by creating many innovative projects. A pioneer in the "wireless," as it was then known, he began the largest radio station in Florida in 1927 to help people find the Rosicrucian Order more quickly. He repeated this enterprise on the West Coast, establishing one of the first radio stations there as well. In 1934 he created the Rose-Croix University of America in San Jose, not only to teach the Rosicrucian traditions, but also to promote ongoing research in the humanities and material sciences.

Dr. Lewis also designed intricate machinery to track the stars, building the first planetarium in 1936, also in San Jose. He named it the Theater of the Sky. In 1939 he founded the Rose Croix Research Institute and Sanitarium to further the art of "therapeutics." The intent of the institute was to assimilate scientific research and healing techniques with Rosicrucian tenants, resulting in a practical approach to healing. Unfortunately, this project lost its momentum with the death of Dr. Lewis.

The headquarters in San Jose also has a museum and art gallery which houses an incredible collection of Egyptian and Babylonian artifacts, Egyptian-styled Supreme Temple, a science museum, a sound and film studio, and an extensive research library.

Dr. H. Spencer Lewis died on August 2, 1939. According to the Rosicrucian belief that there are two planes of existence, one the physical and one the non-physical, Dr. Lewis simply "transitioned" to the other plane. Rather than his death being an end, it was his natural next step as a spirit. His ashes are interred on the Rosicrucian grounds in San Jose in an Egyptian shrine that is a replica of the one in Luxor, Egypt where he had received his Rosicrucian initiation.☆

Gail Halloran and
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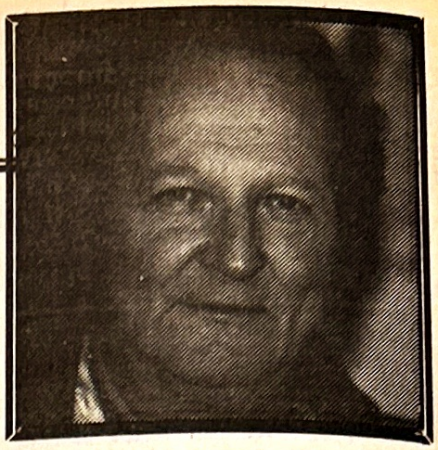

by Rev. Lewis S. Bostwick

Oracles and Clairaudients

The "Hallucinating" Female Mind

Hello! I sit in great amusement as I look over the history of clairaudience, the fifth chakra, and clairvoyance, the sixth chakra, or clear communication, clear seeing. We use these psychic energy centers to talk with spirit, to hear and see messages from spirit. We communicate and receive information from past lives and see into the future. We can glean information from all the oracles of old, which were held in such great awe.

What I am looking at is that most of the oracles were female. In our everyday scientific world (where scientists hire magicians to debunk psychics) there's a very amusing dichotomy; the majority of the clairaudients on this planet are females.

In the Berkeley Psychic Institute there are twenty ladies to each man. Also the majority of the teachers are female; they are teaching clairaudient spiritual communication.

But what I wanted to talk about was the female ability to run and use psychic energy through the body. Combine this with their "perfect pictures" and concepts about how everything must be done perfectly. "Perfect pictures" is a great phrase for genetic programming. Women are able to produce a perfect human body for a spirit.

But that is not all. They can look into the future of their child. In many cases the mother knows what her child is doing when they are away from home and can confront them when they come back. The only problem with women being clairvoyant in this day and age is that the masculine society who does not have to give birth does not have much of an idea of the creative communicative force in the female.

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There are many scientific men who have labelled the female mind as "frivolous", "hallucinating", "wild running imagination" because men are not making this world for females but for males to live in. This is one of the reasons for the tremendous feminist movement and why women are so angry. The

"scientific men... are not making this world for females...to live in."

men have 100 strings around the females' neck and we pull the string to choke off the low moans that "you're doing it to me".

It has gone so far that the medical world does not want women to have babies naturally, only by caesarian, because it's easier to dig the baby out than wait for the body to do it naturally. Now we're going another long step - don't get mad at your child, don't spank her, don't tell him anything about sex; let the child learn it all in the gutter. This is the scientific way of denying spirit to the body and also the non-learning ability of public education.

You ladies cannot be psychic and read the future. Only doctors, lawyers, stock analysts, money people, sportscasters and the weatherman can predict. (None of them make mistakes, only psychics do and then they are labelled frauds.) You psychics go lock yourself in the bathroom, let your children call you crazy and laugh at you.

I have had the pleasure of bringing many women out of hiding so they can breathe the fresh air. Taking them away from their invalidating families and sometimes churches. This is an invitation to come and be validated at the BPI and get rid of those who control you by invalidation. Remember all these people who know more than you do are indispensable and guess what! - the graveyard is full of indispensable people.

Have a good day.☆

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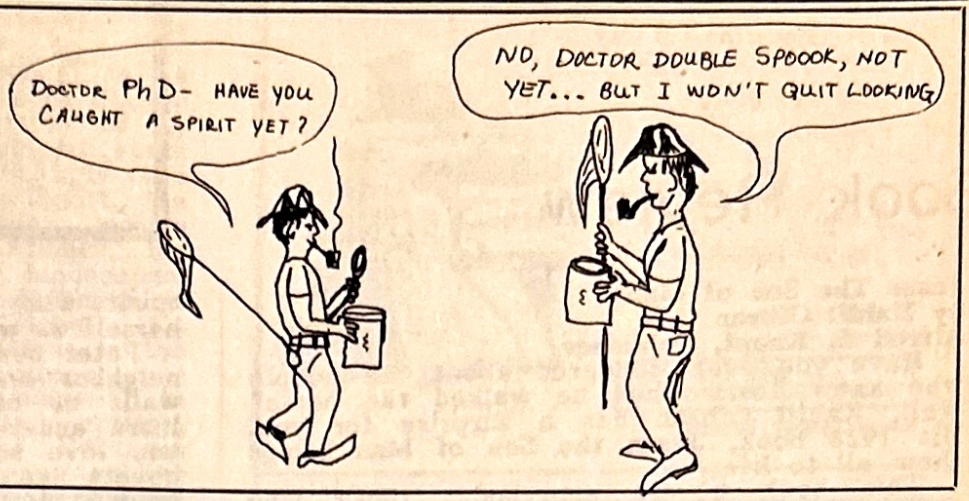

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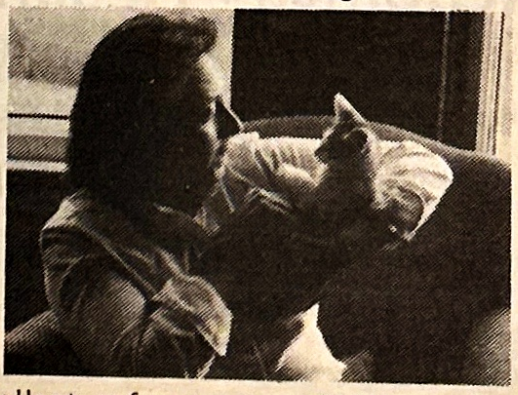

Excellent references available

Intellectual Corner

Book Review

Jesus The Son of Man
by Kahlil Gibran
Alfred A. Knopf, Publisher

Have you ever wondered about the people who knew Jesus when he walked the earth? Well, Kahlil Gibran has a surprise for you. His 1928 book, **Jesus the Son of Man** brings them all to life.

This book covers everybody: those who reported the words of Jesus, people who hated him, people who loved him and people who could hear him. Also, it gives personal accounts from Mary's mother (Anna), Mary Magdalene and the disciples of Jesus. The political, social and religious climate of the time comes alive as these people reveal what they knew and felt about Jesus.

Mary Magdalene, after describing the intense invalidation of spirit during those times comments, "But I know what I know, and it is enough". She knew and loved the spirit who was Jesus and learned to know herself as well.

Peter heard Jesus talking about loving your neighbor and of how, through understanding, walls or barriers come down and you can learn and see yourself in others. "How can you love someone who doesn't love you, or covets your property?" Peter asked. I enjoyed Jesus' reply, "When you are ploughing and your manservant is sowing the seed behind you, would you stop and look backward and put to flight a sparrow feeding upon a few of your seeds? Should you do this, you are not worthy of the riches of your harvest." "When Jesus said this I was ashamed and I was silent. But I was not in fear, for he smiled upon me."

I have read and reread this book. The twelve drawings are beautiful and include two paintings by Gibran reproduced in full color. ☆

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Movie Review

For years the words psychic, magic, sorcery, wizard, and warrior were all mixed together as I learned to be a clairvoyant. What this has meant for me is that I have seen every sword and sorcery movie that has hit the screen.

Legend from Universal Pictures is a delightful exception. Thirty million dollars was spent creating this grand vision of an enchanted world. This is a world of stark contrasts. The ugly is awesomely ugly and the beautiful is wonderous. Ridley Scott, the director, has taken us to other worlds before. In **Alien** and **Blade Runner** his directing created dark frightening landscapes. While his new vision also contains darkness, it is balanced with beauty and hope. An enchanted forest in its transformations is the clearest representation of this dichotomy.

Fantasy fans will find themselves in familiar company: elves, trolls, sprites, dwarves and even the Prince of Darkness comes to life. There are no cheap rubber masks. The devil is a masterpiece of special effects. If the plot, dialogue and acting were as grand as the special effects this would be an epic fairy tale.

Fortunately the archtypical bumbling boy hero (Tom Cruise) and the beautiful princess (Mia Sara) don't need good dialogue to make this story believable, for the predictable script has nothing to say. Thanks to the Laurel and Hardy interactions of the supporting actors (or shall I say supporting creatures) the diaglogue was funny rather than boring.

As a psychic in the audience I enjoyed the childhood fantasy world where good and evil were distinct entities and magic was everywhere.☆

Scott Wicker

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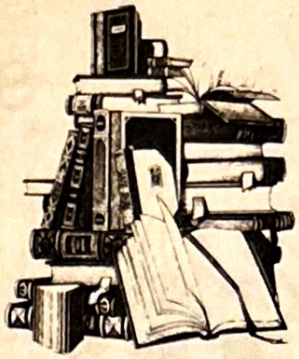

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Spirit Guide

by Heather Smythe

Stop Being "Crabby"!

Spirits Control Emotions

I am interested in observing how entities control a person's emotions. I asked T.E. if I could give her a psychic reading, to look at how this was manifested in her life. I expected to find several spirit guides. She was either very happy or totally depressed. T.E. heard voices, voices that sounded like her voice, and she couldn't tell which one spoke her own truth. She was sure others knew more than she did. She criticized herself a lot.

When I clairvoyantly looked at her, I saw a little crab-like monster chittering into her ear. It had lines of energy attached to her heart chakra (an energy center in the chest), destroying her affinity for herself. It also had lines of energy blocking her from communicating with her inner voice. Her ability to hear spirit was badly affected, too.

I asked her as a spirit to show me how she had let this being attach itself. She showed me the one time she saw her dad; he was in an unhappy mood. He decided his little girl was much too happy and that she needed to "get real". Telling her "life is not fair", he gave his daughter several beings to help her see life more seriously.

As I watched, she healed herself. She said hello to her dad and she kicked out a closetful of those little chittering beings. ☆

(Besides being the author, Heather Smythe also draws the beings she notices in her readings. Throughout her life she has drawn spirit guides, but not until four years ago did she find out that her artistic creations reflected her clairvoyant ability to see her own guides and those of the people around her ...editor)

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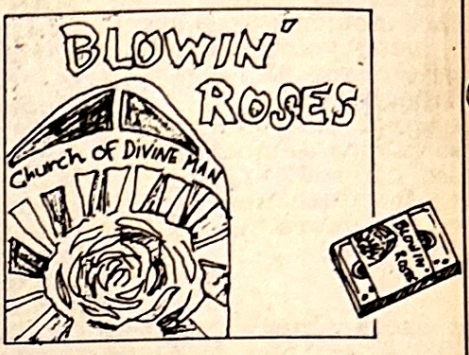

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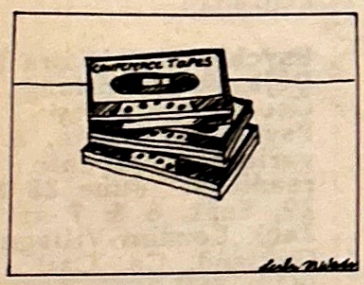

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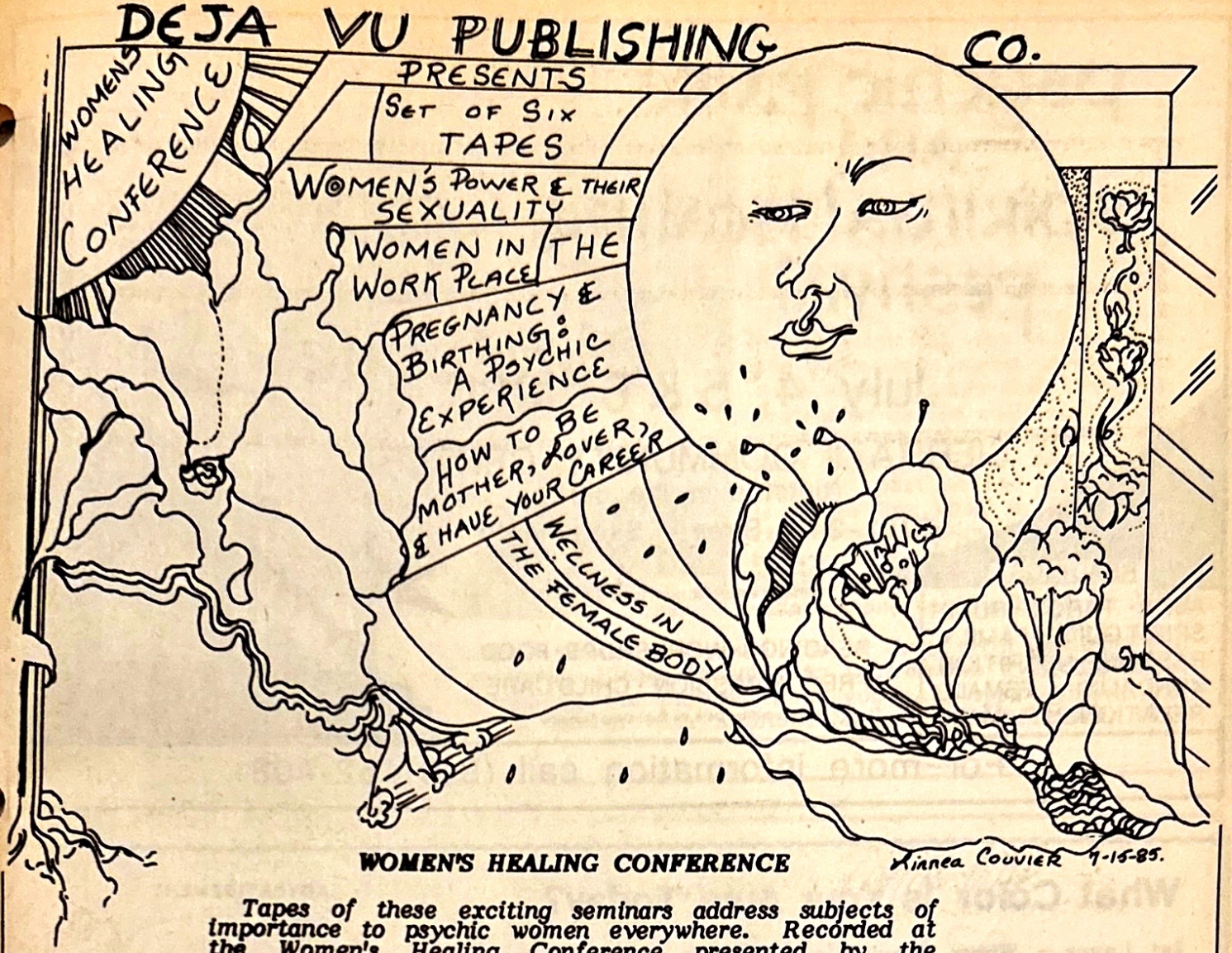
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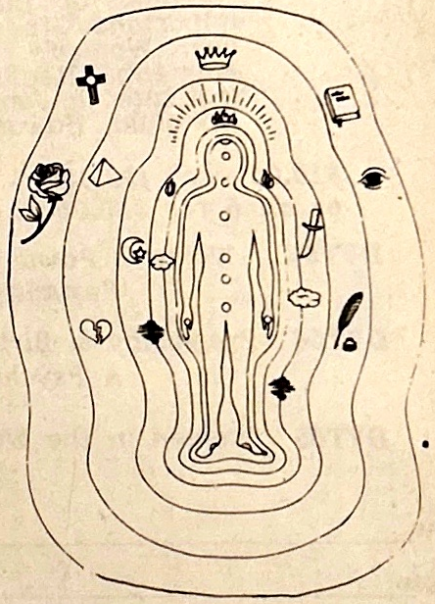

1st Layer - White. Moving out white prayer energy from maternal side. Bringing in blue.
2nd Layer - Deep spring green. New ownership of emotion. Powerful place, new way of looking at world.
3rd Layer - Peach. Lots of other people's attention because of your growth in ownership of this part of your aura. No longer willing to be middle man.
4th Layer - Lite Blue. Creating a vacation to heal yourself - a layer of giving to yourself.
5th Layer - Pearl grey. Finishing cycles in school. Communication with teachers and attention from beings trying to put you on overload to stop you from creating.
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Spirit Photo

This spirit photo comes from Little Falls, Minnesota. It was shot with a Sears F.F. 35 mm camera; Kodak ASA 100 film was used.

The amusement of this family gathering attracted the attention of their pet cat, elsewhere in the house. Not wanting to miss out on the fun, she jumped into the room on a spirit level. The cat's aura is large and I see the protrusion as the cat's silver cord - the cord that connects the cat's spirit to her body. The brightest part of the cat's spirit is where her head is, under the criss-cross energy. I see the criss-cross energy as the family's protection and ownership.

-Clairvoyant reading by Scott Wicker

Do you have any of your own spirit photos you would like to share with us? We will publish reader's photos as space permits. Please include any information available about the photo, i.e., circumstances surrounding the picture, what you saw, type camera and film. All photos will be returned if mailed with a SASE. Mail to: Psychic Life, 1314 Lincoln Ave., San Rafael, CA 94901.

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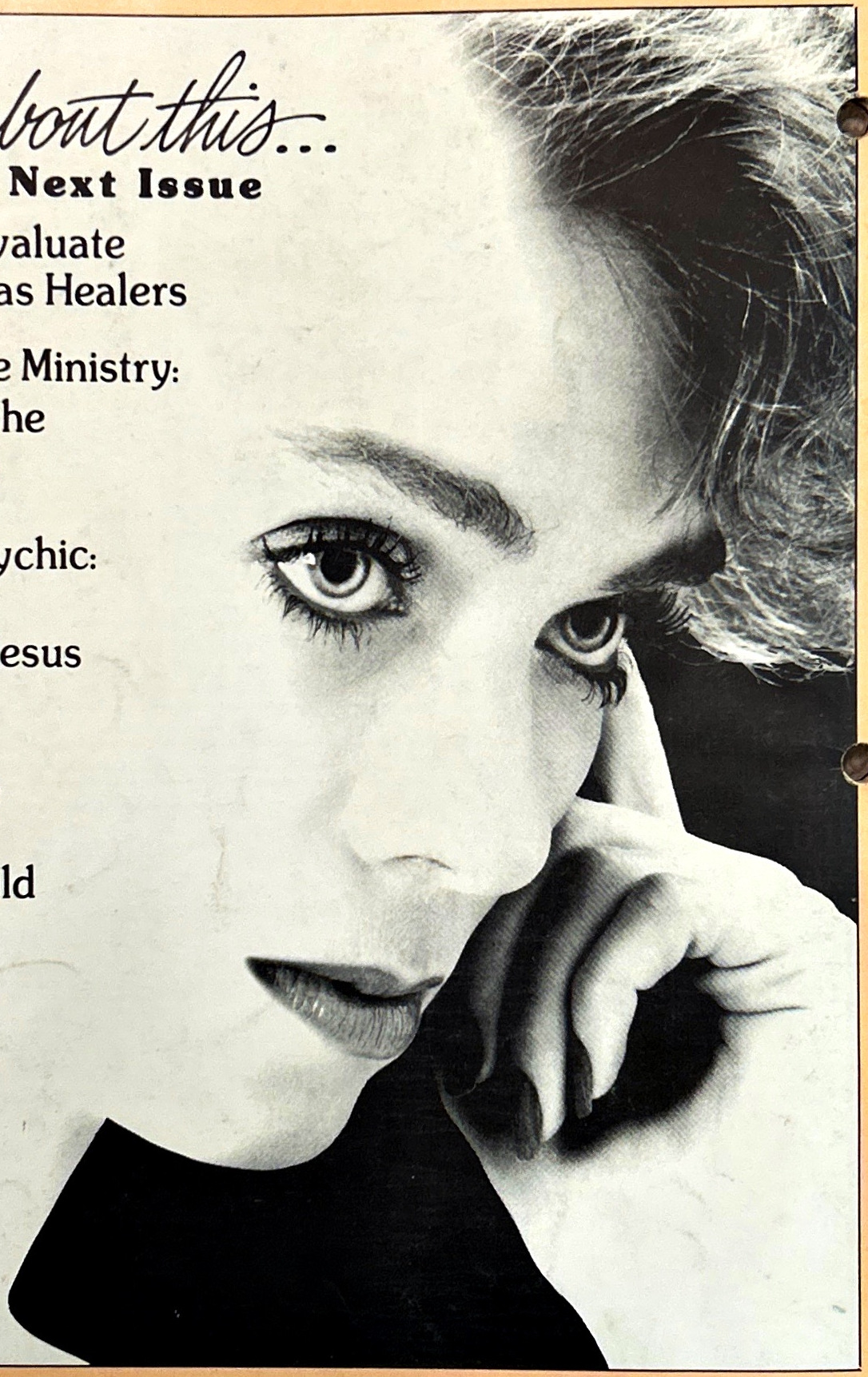

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